Fall 2009

Integrative Health Studies Newsletter

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Greetings!

This academic year provides our students with presentations from leaders in the field of integrative health, culturally sensitive education, and new internships within diverse communities. CIIS also offers stimulating lectures and events for the public as well. We hope to see you at the events mentioned below.

Best to you in health and well-being,
Meg Jordan, PhD, RN, Dept. Chair Integrative Health Studies and Chanda Möllers, Program Coordinator

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Integrative Health in CIIS Public Programs Lecture Series

**True Health Care Reform:**
Fundamental Shifts Start with You

Len Saputo, MD  
Thurs, Sept 17, 7-9pm

Come hear this integrative physician share his vision for progressive change that requires building community in a meaningful way to heal a broken system. You'll hear hard truths and fresh perspectives. Dr. Saputo directs the Health Medicine Center in Walnut Creek, CA. Author of *A Return to Healing - Radical Healthcare Reform and the Future of Medicine*, he is on the Integrative Health Studies Program Advisory Board. Contact [Public Programs](#) at 415.575.6175 to register.
Jungle Medicine: The Healing Force of Plant Spirit Energies
Meg Jordan and Connie Grauds
Thurs, Oct 15, 7-9pm
Connie Grauds is a pharmacist who was initiated as a shamana through an extensive apprenticeship with a Peruvian Amazon jungle shaman. Meg Jordan is a medical anthropologist who has investigated the healing dynamics of four different healing traditions employing plant and ceremony in sacred context. They have combined their experiences in recovery and healing with visionary spirit doctors, and offer a colorful multi-media presentation. You will hear tales of visionary spirit doctors, embodying non-ordinary approaches and worldviews. Contact CIIS Public Programs at 415.575.6175.

Healing Circle on Mon, Sept 21 at CIIS
Witness as participant-observers the communication, nonverbal interactions, advice, conclusions, and process of various health practitioners with a volunteer client in an educational Healing Circle designed to demonstrate true integration of CAM therapies as practitioners attempt to listen deeply and offer support to someone with a chronic condition who has had limited success in conventional models of health care. This model was developed by Len Saputo, MD, in collaboration with Meg Jordan and others over the Health Medicine institute. For more information or to RSVP, contact Chanda Möllers at 415.575.6199.

Indigenous Medicine Ceremony
Ancestral Voice is a center of healing and learning devoted to the preservation, application and respectful dissemination of shamanic and Indigenous lifeways. Phillip Scott is Founder and Director of Ancestral Voice, as well as Adjunct Faculty for IHL. The Sacred Hoops gathering is Wednesday, Sept 30 at 7:30 pm in Novato (108D Oliva Ct.). For more information, contact Phillip for more information at 415.897.7991.

Half-time Core Faculty Position Available
This position includes responsibilities for teaching nine units per year of graduate-level courses in Integrative Health Studies, advising students, university service, committee work, and professional contributions as needed. Email Chanda Möllers for the complete job posting.

Nonviolent Communication, Sun, Oct 11, 11am-5pm
A guest lecturer from the Bay Area Nonviolent Communication group will facilitate experimental practice in NVC, an effective strategy for working in integrative health care settings.

New Internship Site
We are pleased to announce a new alliance with the 100% Club Prep Institute (100CPI), a college preparatory program.
for middle and high school students. The program is designed to inspire young women and young men to set and achieve high academic, social and artistic goals. The IHL department seeks to bring wellness coaching to the underserved. The collaboration of CIIS and the 100% Club will benefit students and their families in the Bayview Hunters Point community.

Presentations in new course
"Complementary, Alternative, and Integrative Medicine"

This course provides a holographic view of CAM systems in use today, along with the attempts to blend those approaches with modern biomedicine. The intent is to gain sufficient familiarity with each healing system so that students may be advocates for medical pluralism in whole-person health care settings. Student practitioners critically analyze strategies for integration and develop models. If you would like to attend any of these presentations, contact Chanda Möllers at 415.575.6199.

10/5 NATUROPATHIC MEDICINE, Sally LaMont, ND, Lac
10/12 MAPPING HEALTH CONDITIONS and ORIGINS OF HEALING
Meg Jordan on origins of global healing methods, and Sally LaMont, ND, Lac, on how to assess health conditions and choose appropriate treatment options.
10/19 WESTERN HERBS / CLINICAL NUTRITION, Sally LaMont, ND, Lac
10/26 HOMEOPATHY, Iris Ratowski, Homeopathic educator and practitioner
11/2 AYURVEDA, Debra Riordan, Ayurvedic practitioner
11/9 QIGONG, Michael Mayer, PhD, Psychotherapist, Qi Gong expert
11/16 TRADITIONAL CHINESE MEDICINE, ACTCM Instructor
11/23 BIO-ENERGETICS, Erik Peper, PhD, Professor, SFSU, Biofeedback
11/30 BIOMECHANICAL ENERGY SYSTEMS, Ricky Fishman, DC
12/7 REIKI, Anna Reiki Master, Vibrant Reiki

Deep Medicine:
Discovering a Personal Path to Healing

The holistic health pioneer, William B. Stewart, MD, puts his knowledge into practice in Deep Medicine by showing readers how to make health-creating choices. Dr. Stewart is cofounder and director of the Institute for Health & Healing at California Pacific Medical Center in San Francisco, and is also on the IHL Advisory Board.

Contact Us

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