



9-2011

## CIIS Alumni Newsletter

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Dean of Alumni Richard Buggs

**CIIS Alumni Newsletter**  
**SEPTEMBER 2011**

**Message from Richard Buggs,  
Dean of Alumni**

Dear Alums,

Autumn greetings from CIIS, where more than 400 new students began their studies last month. The start of a new academic year is always an uplifting time as our newest community members bring their energy and excitement to the Institute.

In response to the alumni survey conducted this past spring, we have created a new program called Alumni University, where we are offering many opportunities for professional development and career networking/counseling. These lectures and workshops will be led by CIIS alums from all degree programs and designed especially for CIIS alumni participants. The cost will be low and all proceeds will benefit the Alumni Scholarship Fund.



The first Alumni University event will be on Friday, September 23, 2011 from 6:30PM-8:00PM in the CIIS Main Building in Room 306 and will feature Mariana Caplan (ICP '94). Her most recent book, *The Guru Question: Perils and Rewards of Choosing a Spiritual Teacher*, has received wide acclaim and has a foreword by Robert Thurman. She

**ALUMNI TRAVEL**



**A Journey Through  
Cambodia, Laos, and Vietnam  
December 27, 2011- January 14,  
2012**

Experience the beauty of ancient temples set in lush jungle forests, and languid rivers leading to hidden bays. Travel with other CIIS community members. For more information and to view the complete itinerary, please visit [www.ciis.edu/travel](http://www.ciis.edu/travel). Cost: \$4,990 (if registered by September 30, 2011).

**ALUMNI EVENTS**



**New Mexico Reunion:  
September 30, 2011  
in Santa Fe**

Enjoy delectable organic food provided by chef Erica Peters (BAC '02), owner of Contoured Cooking. Please go to <http://alumni.ciis.edu/events> for details

will discuss "Why Spirituality Needs Psychology." Marianna will offer tips on how to recognize the inner light of divinity as it manifests in the imperfect human guise of your teacher and yourself. [www.realspirituality.com](http://www.realspirituality.com)



On Thursday, October 6, 2011 from 7:00PM - 9:00PM, Yana Womack (IND '03) will discuss ecstatic, transcendent, and mystical interactions with the divine in dreams. She will also read from her recently published book, *Guardians of the Gate: An Investigation of Numinous Presence, "Visions of the Divine" in Dreams*. Womack's journey of discovery, drawn from more than ten years of journal entries, highlights the living mytho-religious symbolic content and root metaphors that foster human potential and spiritual development. She will also offer a workshop on Friday, October 7, 2011 from 3:00PM-6:45PM in Namaste Hall that will further the inquiry. The workshop will include the topics of dream incubation, dream recall, and specific exercises that relax and "re-pattern" the mind and open the psyche for receiving. [www.repatterninghypnosis.com](http://www.repatterninghypnosis.com)

If you would like to be considered to be a presenter for a future Alumni University lecture/workshop/event, please send a proposal to [rbuggs@ciis.edu](mailto:rbuggs@ciis.edu).



On October 16, we will honor Professor Rina Sircar for her 38 years of service to the CIIS community as she begins a well deserved sabbatical. A student scholarship will be named for her, and a memento book is being created to present to her as part of the day's program. You are invited to contribute a favorite story, art piece, poem, photo, or recollection (maximum 250 words) to this community collaboration. Please email your contribution to Anne Teich at [anneteich@ciis.edu](mailto:anneteich@ciis.edu) no later than September 15, 2011.



CIIS comes to New York City: Thursday, October 27, 2011. Join CIIS President Joseph L. Subbiondo and Dean of Alumni Richard Buggs at the Rubin Museum of Art to view one of the most comprehensive collections of Himalayan art in the world. \$20 donation benefits the CIIS Alumni Scholarship Fund. Wine and hors d'oeuvres served. RSVP online at <http://alumni.ciis.edu/events> or to Richard Buggs 415.575.6116.



Arizona Reunion: December 2, 2011 in Phoenix Please go to <http://alumni.ciis.edu/events> for details

## CLASS NOTES



Liza Behrendt's (CAS '04) Beauty of Water workshop in the Kerala backwaters was featured in the latest issue of the Women Environmental Artists Directory [online magazine](#).



Marty Cooper (ICP '02) has published his first book, *Anxiety and Depression: 42 Essays on Overcoming the Wild Moods*. This book is a collection of short writing for individuals suffering from anxiety or depression, offering perspectives and exercises to help control, and eventually uproot, these painful moods. The essays

# Richard Buger

Dean of Alumni (CLN '96)

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## FACULTY NEWS

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### JOSEFA MOLINA (CLN '96) HIRED AS CORE FACULTY IN COMMUNITY MENTAL HEALTH

CIIS alum Josefa Molina has joined the faculty in the Community Mental Health program. She brings a wealth of community-based experience as well as teaching and advising expertise. Her commitment to helping students access and succeed in innovative professional psychology programs and extensive experience in direct services make her an outstanding addition to our faculty. Before her recent hire at CIIS, she spent five years with the Berkeley Department of Mental Health as director of behavioral health. Prior to that she was a child and family therapist for a tribal regional behavioral health agency of the Pascua Yaqui Tribe in Tucson, Arizona.

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## DISCOUNTS FOR CIIS ALUMS

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### CIIS ALUMS CAN NOW PURCHASE AUTO PARTS AT A REDUCED RATE

Take 20% off your order of car parts from [www.Go-Part.com](http://www.Go-Part.com) when you use discount code CIIS20 for CIIS alums. Either enter that on the website, or say it to the operator when calling 1.877.321.PART.



### ENJOY ALAMO RENT A CAR 20% DISCOUNT + FREE UPGRADE OR FREE DAY

Register with [www.workingadvantage.com](http://www.workingadvantage.com) and enter our CIIS alumni Working Advantage ID Code #141007526. Then go to the Alamo Rent A Car deal and put in the Request ID: WKADVANT. This offer is good through December 31,

draw heavily from mindfulness meditation practice and cognitive therapy to form a rounded look at the challenge of living a depression-free life.



### Adrian Auler (EWP '10)

developed a summer film series at CIIS entitled "Enter the Shadow." Each Friday evening this past July, Namaste Hall was filled with multi-genre films enjoyed by all.



### Tiffany Rene (PCC '02),

elected to Petaluma City Council in 2008, is a progressive champion for sustainable communities and environmental policy. In May, she hosted a climate conference for North Bay governmental, nonprofit, and agricultural leaders. Rene is seeking to be the next Congresswoman from California's North Coast.



**Jake Pollack (IHL '06)** is the director of educational programs at Cape Eleuthera Institute in the Bahamas. He is developing gapyear, semester, and other programs for adults.



**Stephen Sabin (CLN '06)** is a candidate at the Psychoanalytic Institute of Northern California. Licensed as a clinical psychologist, he has a private practice in San

2011.



Become a CIIS Public Programs & Performances Member at a Special Alumni Rate! CIIS Public Programs & Performances is dedicated to creating individual and social transformation through the arts and education. As with any nonprofit organization, CIIS Public Programs & Performances relies on the generosity of its donors. Support this program by becoming a member today and receive many terrific benefits, including discounted member pricing for performances, lectures, and workshops; enjoy access to artist receptions; and more.



David Fauvre (ICP '97) is offering free online professional Enneagram and instincts personality type tests to alums. The link to take the tests is: [www.Enneagram.net/Tests/paidlogin.aspx](http://www.Enneagram.net/Tests/paidlogin.aspx) and the code is CIISAlumni. As a researcher in the field of The Enneagram, Fauvre received a grant to do 12 Enneagram TV shows for local cable in Palo Alto. The shows are offered free on his website, [Enneagram.net](http://Enneagram.net). To date the first two shows have been viewed by more than 8,000 people in more than 20 countries.

Francisco working with adolescents, adults, and couples. He serves on the board of directors of the Access Institute, a community mental health clinic in San Francisco; and also serves as the curator for Spectrum, an annual fundraising event held each autumn.



Jerrol Kimmel (IHL '08) is an integrative health and wellness coach, specializing in mind-body approaches for creating optimal health and enhancing well being. She has maintained a private practice since 1980 integrating massage therapy, mindbody techniques, and other holistic modalities in assisting her clients in attaining physical, emotional, and spiritual health.

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To send a class note, please email [Richard Buggs](mailto:Richard.Buggs@ciis.edu) (CLN, '96). If you include a photo, please send a high resolution image.

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## UPCOMING ALUMNI ACTIVITIES



Josiah Stickels (PDT '08) and Mira

Whitehead (PDT '08) are this year's conference co-chairs for the 32nd annual National Association for Drama Therapy conference being held at the Holiday Inn Golden Gateway on Van Ness Ave in San Francisco from November 3-6, 2011. There will be a huge alumni presence from CIIS as well as drama therapists from around the nation and world. We encourage people from all disciplines to come check it out. Visit [NADT.org](http://NADT.org) for more information.



Sonoma County Alumni Networking Circle: the next meeting will be held Friday, September 9, 2011 from 7:00PM to 9:30PM at the home of alum Nora Archambeau (EWP '97) Villa Mobile Homes; 541 Mason St., #20; Healdsburg, CA 95448. For more information contact Nora at [worldwidewoman8@yahoo.com](mailto:worldwidewoman8@yahoo.com).

**Linda Hammond** (ICP '90) is offering a Metaphor and Healing: Child/Adolescent Consult Group next month through June 2012. Nine monthly sessions on the first Monday or Saturday of the month in San Francisco. Cost is \$900 (payment plans available), and includes material fees/CEU processing/27 credits for MFT, LCSW, REAT supervision, MFTI hours. For more information, please contact Linda at 415.922.5349.

**Ted Ciesinski** (ICP '86 /COU '97) has been offering personalized I Ching readings for 25 years, and did a doctoral dissertation on I Ching divination processes. Contact him at [bluenote.ted@gmail.com](mailto:bluenote.ted@gmail.com) or 650.712.9898 in San Mateo County if you would like to schedule a reading with him.

**Lisbeth White** (EXA '08) is co-facilitating a new youth group in the East Bay. InVision is a five-month series for youth transitioning into high school that focuses on gathering tools for a successful journey through the challenges unique to adolescence and high school life. For more information contact her at [lisbethwhite.mft@gmail.com](mailto:lisbethwhite.mft@gmail.com), 510.842.8962.



Cassandra Vieten, (CLN '99) is director of research at the [Institute of Noetic Sciences](#) in Petaluma and is on the board of the the [Institute of Spirituality and Psychology](#) where research on spirituality and psychology is conducted. Are you a licensed psychologist who integrates spirituality into your work with clients? If so, please respond to this [important survey](#). Like the movements that brought attention to the role of gender in psychotherapy, and the establishment of cultural competencies for psychotherapists in other areas, the need is great for a viable model of spiritual competencies for the field of psychology. Our work conducted in this area was presented at the APA conference in Washington DC last month.

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[Official CIIS Alumni Association LinkedIn Page](#)



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