Spring 2015

East-West Psychology Newsletter

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This August, you are invited to join Dr. Jorge Ferrer in Bali at the first International Conference for the Humanities and Transpersonal Psychology in Indonesia! The major emphasis of the conference will be on transformative education and experiential learning. The 3-day event will be interpersonal based, with a special topics theme of “Self-Transformation and Cultural Experience.” Dedicated to the emerging global pedagogies, this conference will also bring together academic and public educators to share culturally diverse experiences of transformational teaching. For more information please check out: http://transpersonalbali.weebly.com/
Learn to Love Lecture Series

Zach Beach, EWP M.A. with the graduating class of 2015, has initiated a new project in love activism this semester, a monthly lecture/seminar series called Learn to Love. Learn to love will bring together leading psychologists, therapists, relationship coaches, and sex educators to help provide us all with deeper insights, tools and knowledge to bring more love into our lives. In the series' kickoff session, Charlie Glickman, PhD explored the topic of shame, as it influences and shapes sexuality for almost everyone, regardless of gender, sexual orientation, and individual desires. With the tools to deal with this difficult but inevitable emotion, it becomes much easier to resolve jealousy, loss, and fear so we can create more space to give and receive love, explore our authentic selves, and build the relationships that suit us.

Next Event: June 8th—A special panel presentation moderated by Zach Beach! “Insights into Monogamy and Polyamory” For more info check out http://learntolove.us/

EWP Faculty Awarded Research Grant

EWP core faculty member Dr. Glenn Hartelius has been awarded $15,000 for his research endeavors! The proposed research will look at neurobiological correlates of various attentional postures using EEG equipment. The present endeavor brings neuroscience together with Glenn’s work in the somatic phenomenology of states of consciousness, based on 15 years of clinical work, scholarship, and research. The project is designed to measure whether attentional postures can be correlated with specific brain states; and if successful, it may help to bridge the current gap between brain activity and lived experience. The project exemplifies Glenn’s vision for whole-person neuroscience, in which the insights gained from meditation, ancient spiritual traditions, and deeply-lived experience can be examined using the tools of neuroscience together with the philosophies of integral and transpersonal approaches. This foundational research in consciousness could have many practical applications in leadership, education, and psychology.

New Student Groups Founded

This semester two new student groups have formed, born of the inspiration from EWP students. Tiana Cicco, EWP M.A. with the class of 2015, founded the group “Envisioning Utopia.” The group explores a collective brainstorm on what ideal future utopias will look like so that humans can start moving toward these visions today in a clear and informed way. EWP Ph.D. c Ryan “Indigo” Warman has also been busy spearheading a new group: a student chapter of the Network of Spiritual Progressives. NSP seeks to transform the materialist and corporate-dominated society into a caring society through consciousness raising, advocacy, and public awareness campaigns that promote a “New Bottom Line” based on generosity, peace, and social transformation.

“Education is indeed the most effective agency by which genuine change of human consciousness and enduring transformation of human behavior can be accomplished” Dr. Haridas Chaudhuri
EWP Students Publish in *Integral Review*

EWP Ph.D. student Juei-Chen Chao (Lanny) co-authored “Positionality as Knowledge: From Pedagogy to Praxis” with others from the inaugural class of the Integral Teaching Fellowship at CIIS. In this article, the authors offer a critical approach to pedagogy (drawing from theorists such as Paulo Freire and bell hooks) an encourage students and educators alike to recognize their social positionings and reflect on how the institutionalization of their social Identities (such as the expert, the genius, the marginalized, the disabled) not only inform the lenses through which they view the classroom, but also influence how they participate in the classroom.

Robert Burke, EWP M.A. alum, and current Ph.D. student, contributed to the same issue “Manifest Transpersonal Experiences: Āśīmām and Laghimā Siddhis.” This article provides the notions, context, and details of how yogic potentials operate as transpersonal experiences of the body, mind, and psyche. Click below to read the full articles:


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**EWP Alumni Co-hosts Wisdom 2.0 Discussion on Mindfulness**

David King Keller Ph.D. (EWP ’14) co-hosted a discussion group on *Mindfulness in the Workplace: Science, Practices and ROI* at the Wisdom 2.0 Conference this past February.

David’s dissertation was on a specific mindfulness technique he created to encourage the experience of mindfulness by a wider population titled, *Micro-Mindfulness, Towards a More Accessible Mindfulness-Based Stress Reduction Practice.*

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**EWP Alumna Initiates Mid-Life Alchemy Group for Women**

Led by transformational life coach Eva Ruland, Ph.D. (EWP ’02), Mid-Life Alchemy is a deep personal exploration of mid-life. Healing writing + poetry/art + guided visualization + alchemy symbolism + sharing are used to open a window into your soul.

If you are looking for a safe space to share and redefine your mid-life experience, Mid-Life Alchemy is for you. Come and explore the dimensions of yourself that want to be expressed, and start living your passions and dreams. Read more at [http://evaruland.com/MidlifeAlchemy](http://evaruland.com/MidlifeAlchemy)

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**EWP Student Symposium held at the Cultural Integration Fellowship**

The East-West Psychology department held its fourth annual EWP Student Symposium: *The many Voices of East-West Psychology* on April 17th, 2015.

The day was a beautiful exposé of the breadth of research interests in the department among students, with topics ranging from the archetypal exploration of the adopted psyche, to Amazonian plant dieta, to digital spirituality.

If you are interested in learning more about the presentations from this year’s student symposium, they can be viewed in the EWP youtube video archive [https://www.youtube.com/playlist?list=PLINyyg8ZKv cavalry59 4rr18U0KHeYc5Db3pw](https://www.youtube.com/playlist?list=PLINyyg8ZKv cavalry59 4rr18U0KHeYc5Db3pw)
This year there were a number of EWP students, faculty, and alumni who offered presentations and workshops at the annual Founder’s Day Symposium on Integral Consciousness.

Core faculty member and program chair Craig Chalquist presented “Following the Right Goddess Home: A Silver Tradition of Tending the Soul of the World.”


EWP students Pauline Cashion, Ph.D., Jeremie Zulaski, M.A., and Heidi Fraser Ph.D. were presenters on the panel “Integral Scholarship.”

Core faculty member Glenn Hartelius participated in a panel on Integral & Transpersonal Psychology.

EWP Ph.D. student and Career and Community Engagement Manager Audra Miller hosted an interactive session “Conscious Careers: Integral Approaches to Your Soul’s Calling.”