Table of Contents

Harris Friedman: Pioneer of Transpersonal Psychology as a Science
(Editor’s Introduction)—Glenn Hartelius iii

Afterword: An Approach to Transpersonal Psychology as a Science—Harris Friedman xvi

Intimations of a Spiritual New Age: Socio-Cultural Bases of a Globalizing Shamanism and its Relation to Climate Crisis: Possibilities, Inevitabilities, Barriers—Harry T. Hunt 1

Meditation-Induced After Death Communication: A Contemporary Modality for Grief Therapy—Neda Wassie 30

**SPECIAL TOPIC: Empirical Research in Transpersonal Psychology**

Transpersonal Psychology: Trends in Empirical Research and Diversity During the First Five Decades of the Field (Introduction to the Special Topic Section)
Glenn Hartelius 39

Brain Activity During Paired and Individual Mindfulness Meditation: A Controlled EEG Study—Hessel Engelbregt, Hugo F. Alderse Baas, Sietke de Grauw, & Jan Berend Deijen 45

The Varieties of Spiritual States Triggered by Sex: A Systematic Review of the Empirical Literature—Jenny Wade 58

Locating the Embodied Sense of Self and Examining its Relationship with Psychological Well-Being—Adam Wesley Hanley, Natalie Lecy, & Robert Hanley 84

Positive Psychological Transformation: A Mixed Methods Investigation Into Catalysts and Processes of Meaningful Change
Nick Fortino, Paul Dommert, Jr., Nadia Santiago, & Jen Smith 96

Parapsychology and Transpersonal Psychology in Dialogue: Could These Two Movements Be Brought into Better Alignment?
Harris L. Friedman, Dean Radin, & Stanley Krippner 123

The International Journal of Transpersonal Studies

Volume 40, Issue 1, 2021

Editor-in-Chief
Glenn Hartelius

Editors
Courtenay Richards Crouch
Marie I. Thouin-Savard

Senior Editor
Harris Friedman

Special Topic Editor
Glenn Hartelius

Submissions Editor
Michael Da

Coordinating Editor
Les Lancaster

Senior Research Editor
Douglas A. MacDonald

Research Editor
Adam Rock

Editors Emeriti
Don Diespecker
Philippe Gross
Sam Shapiro
Douglas A. MacDonald

Honorary Editor
Stanley Krippner

Publisher
Floraglades Foundation, Incorporated
14691 Drawdy Road
Ft. Myers, FL 33905

© 2021 by Floraglades Foundation
All Rights Reserved
ISSN (Print) 1321-0122
ISSN (Electronic) 1942-3241

Board of Editors
Manuel Almendro (Spain)
Rosemarie Anderson (USA)
Liora Birnbaum (Israel)
Laura Boggio Gilot (Italy)
Jacek Brewczynski (USA)
Søren Brier (Denmark)
Elias Capriles (Venezuela)
Michael Daniels (UK)
John Davis (USA)
Wlodzislaw Duch (Poland)
James Fadiman (USA)
Jorge N. Ferrer (Spain/USA)
Joachim Galuska (Germany)
David Y. F. Ho (Hong Kong, China)
Daniel Holland (USA)
Chad Johnson (USA)
Bruno G. Just (Australia)
Sean Kelly (USA)
Jeffrey Kuentzel (USA)
S. K. Kiran Kumar (India)
Charles Laughlin (Canada/USA)
Olga Louchakova-Schwartz (USA)
Vladimir Maykov (Russia)
Erin Prophet (USA)
Axel A. Randrup (Denmark)
Vitor Rodriguez (Portugal)
Brent Dean Robbins (USA)
Mario Simões (Portugal)
Charles Tart (USA)
Rosanna Vitale (Canada)
Jenny Wade (USA)
John Welwood (USA)
Caifang Jeremy Zhu (China)

Journal Mission Statement

The International Journal of Transpersonal Studies is dedicated to the cultivation and publication of careful scholarship in second wave transpersonal psychology: A transformative psychology of the whole person intimately embedded within a diverse, interconnected, and evolving world that pays particular attention to states of consciousness and developmental stages reflecting expansion beyond conventional notions of self.