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Circles

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Circles

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Even a lodgepole pine is full of circles.

We circle along
learning, healing,
becoming what we've always been.

There's nothing to be done about it
but we try
(so hard)
to straighten out!

Hold on to insights, moods, and attitudes
fix thinking
get it right
use our gifts
take advantage of really living.

We want a hero's straight path
but Still
we need no path.

In circles, Spirit breathes

air goes out so
it can come back in again
nothing lost
and no trouble.

We all do this
even when we think we know better.

