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## Grilled Plumeria

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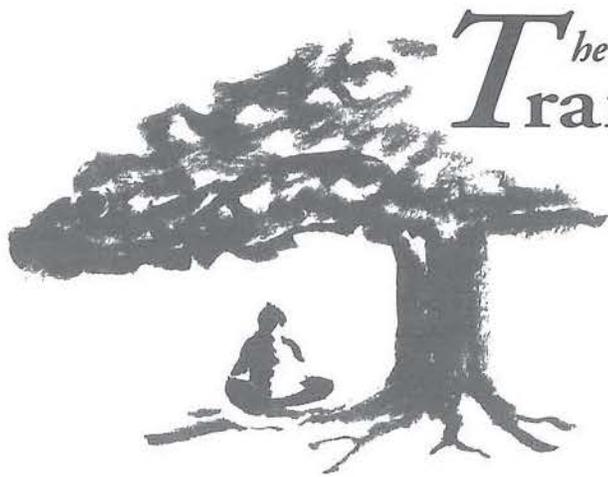
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### Recommended Citation

(2000). . *International Journal of Transpersonal Studies*, 19 (1). <http://dx.doi.org/10.24972/ijts.2000.19.1.1>



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# *The International Journal of* Transpersonal Studies

Volume 19, 2000

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**Manuscripts.** Authors should follow the guidelines of the *Publication Manual of the American Psychological Association* (4th ed.). Manuscripts should not exceed 10,000 words (including text, references, notes, etc.). Longer manuscripts are occasionally accepted in special circumstances. Include an abstract (up to 120 words) and a biographical sketch (up to 175 words) of each author. Four (nonreturnable) copies of all contributions should be addressed to the Editor, *The International Journal of Transpersonal Studies*, Panigada Press, P.O. Box 22877, Honolulu, HI 96823-2877, USA. The Editorial Office of the Journal can be contacted via e-mail (panigadapress@yahoo.com) or by fax (808-538-3918). The Journal's website address is: <http://panigada.hypermart.net>

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# Grilled Plumeria

*What a strange machine man is!  
You fill him with bread, wine, fish, and radishes,  
and out of him come sighs, laughter, and dreams.*

—Nikos Kazantzakis (*Zorba the Greek*)

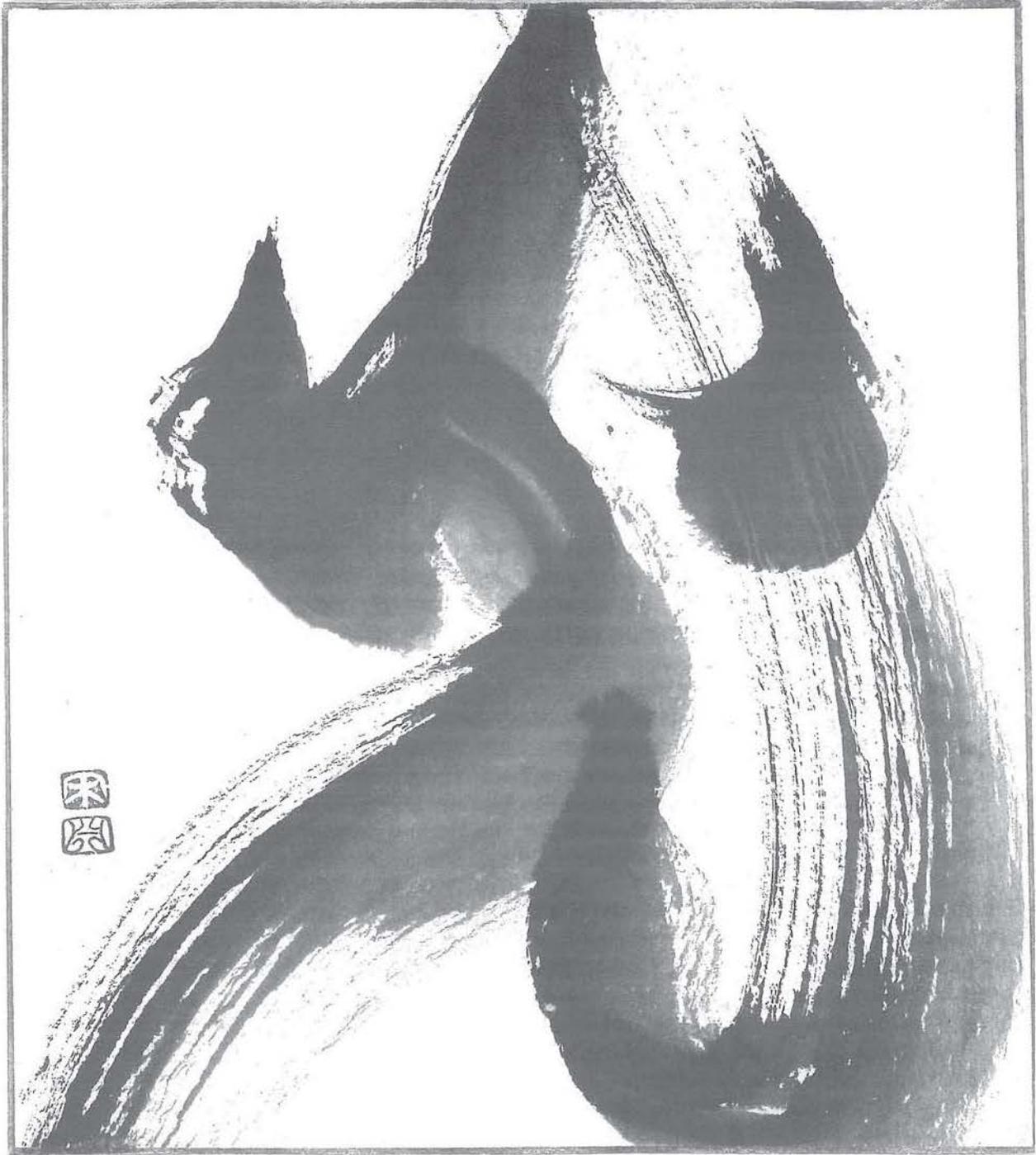
**T**HIS VOLUME of *The International Journal of Transpersonal Studies* is the third we have published, and the fourth is well into production. The inaugural editorial, “The Pleasure of Sages” (Vol. 17, No. 1), declared: “We don’t expect our readers to live by bread alone. We nourish seasoned words and cater to subtle flavors.” Raised largely on a diet of American transpersonal psychology, we are grateful to our contributors and editorial board for enriching our transpersonal palate.

Our publication policy states: “The Journal seeks transpersonal contributions of special merit, emphasizing engaging theoretical views, syntheses, metaperspectives, historical scholarship, personal essays, evocative writing, and artistic works.” From Ayahuasca to Zen, the contents of this volume provide a hearty menu of internationally spiced morsels and illustrate that a journal with high standards can be inviting as well as informative, artistic as well as academic.



The other day, a white plumeria blossom with a gold-tinged center lodged itself between the coffee carafe and the hot plate. Instead of French roast, a more exotic aroma filled the morning air—*grilled plumeria*. And at our editorial desk, more delicacies arrived.

Philippe L. Gross, *Editor in Chief*  
S. I. Shapiro, *Executive Editor*  
Honolulu, Hawai'i



*Hikari* ("Light")

Nakagawa Sōen