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## Grilled Plumeria

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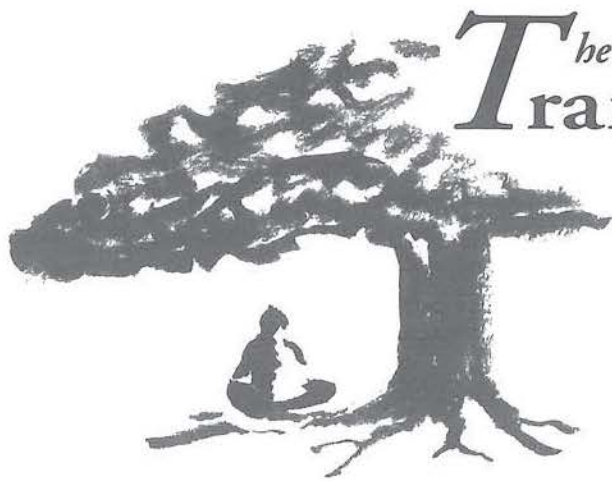
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# *The International Journal of* Transpersonal Studies

Volume 19, 2000

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**Manuscripts.** Authors should follow the guidelines of the *Publication Manual of the American Psychological Association* (4th ed.). Manuscripts should not exceed 10,000 words (including text, references, notes, etc.). Longer manuscripts are occasionally accepted in special circumstances. Include an abstract (up to 120 words) and a biographical sketch (up to 175 words) of each author. Four (nonreturnable) copies of all contributions should be addressed to the Editor, *The International Journal of Transpersonal Studies*, Panigada Press, P.O. Box 22877, Honolulu, HI 96823-2877, USA. The Editorial Office of the Journal can be contacted via e-mail (panigadapress@yahoo.com) or by fax (808-538-3918). The Journal's website address is: <http://panigada.hypermart.net>

**Artwork.** All artwork should be in black and white. Include a biography (up to 175 words) and a brief description of the transpersonal dimension of the work. *Do not submit originals.* Include a stamped envelope with your address if you wish to have the work returned.

**Publication policy.** The Journal seeks transpersonal contributions of special merit, emphasizing engaging theoretical views, syntheses, metaperspectives, historical scholarship, personal essays, evocative writing, and artistic works. An editorial about the Journal's vision appeared in Volume 17, No. 1, pp. 1-2, and can also be viewed at the Journal's website. Submissions deemed appropriate to the Journal are peer-reviewed. Due to space and design considerations not all deserving manuscripts can be accepted for publication. All contributions must be original and neither previously published nor under consideration for publication elsewhere. Submission of a manuscript assumes commitment to publish it in the Journal if it is accepted. All statements are the responsibility of the authors and do not necessarily represent the views of the Editors or Staff. Contributors are responsible for securing written permission, when appropriate, to reprint copywritten material. The Publisher and Editors are not responsible for the loss or damage of materials sent to them. When a manuscript is accepted for publication, the author will be notified to send the final draft accompanied by a matching disk. Page proofs and a copyright transfer agreement will be sent to the first author and must be returned within one week. Manuscripts are subject to additional copyediting up to publication.

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# Grilled Plumeria

*What a strange machine man is!  
You fill him with bread, wine, fish, and radishes,  
and out of him come sighs, laughter, and dreams.*

—Nikos Kazantzakis (*Zorba the Greek*)

**T**HIS VOLUME of *The International Journal of Transpersonal Studies* is the third we have published, and the fourth is well into production. The inaugural editorial, “The Pleasure of Sages” (Vol. 17, No. 1), declared: “We don’t expect our readers to live by bread alone. We nourish seasoned words and cater to subtle flavors.” Raised largely on a diet of American transpersonal psychology, we are grateful to our contributors and editorial board for enriching our transpersonal palate.

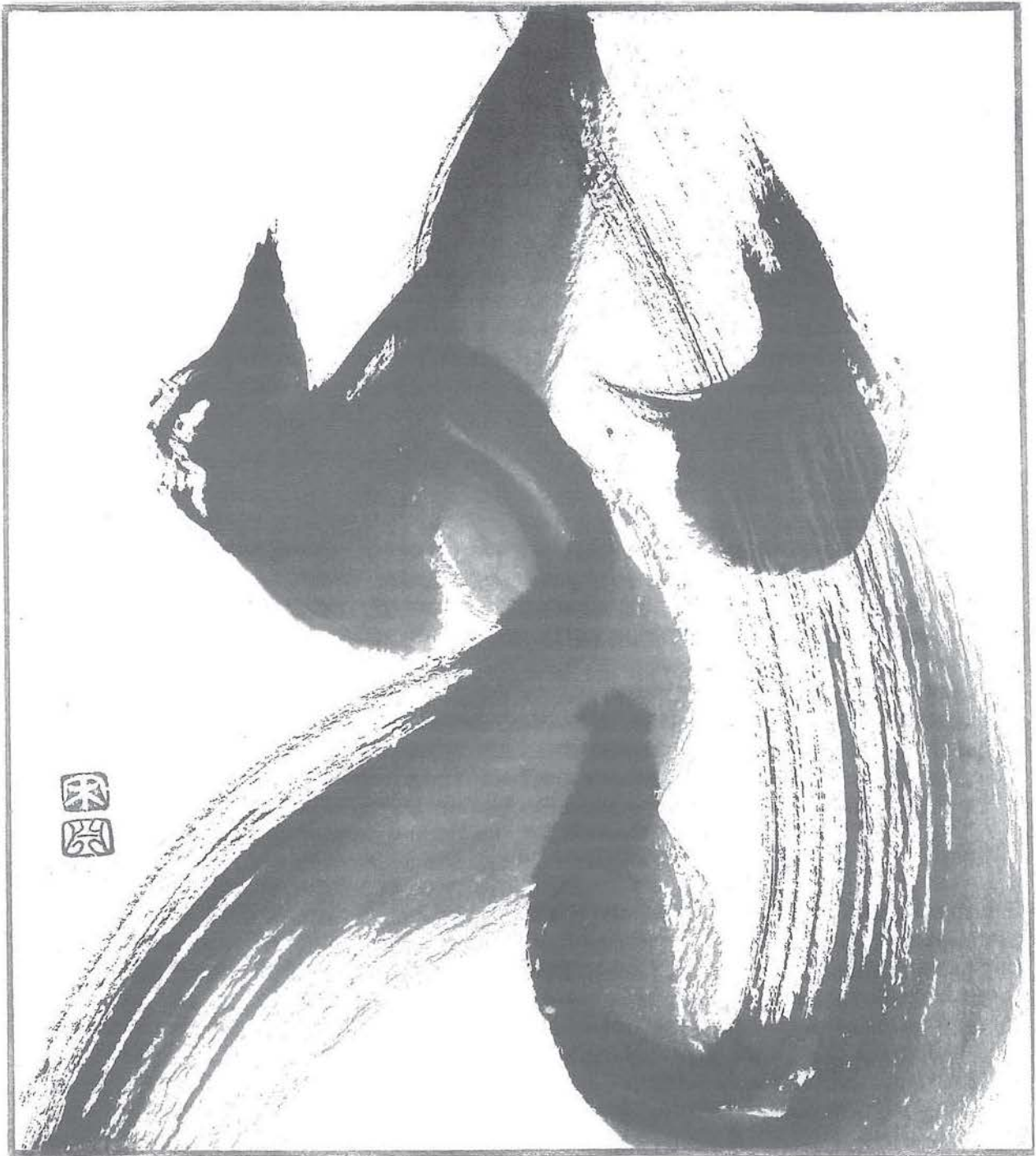
Our publication policy states: “The Journal seeks transpersonal contributions of special merit, emphasizing engaging theoretical views, syntheses, metaperspectives, historical scholarship, personal essays, evocative writing, and artistic works.” From Ayahuasca to Zen, the contents of this volume provide a hearty menu of internationally spiced morsels and illustrate that a journal with high standards can be inviting as well as informative, artistic as well as academic.



The other day, a white plumeria blossom with a gold-tinged center lodged itself between the coffee carafe and the hot plate. Instead of French roast, a more exotic aroma filled the morning air—*grilled plumeria*. And at our editorial desk, more delicacies arrived.

Philippe L. Gross, *Editor in Chief*  
S. I. Shapiro, *Executive Editor*  
Honolulu, Hawai'i





*Hikari* ("Light")

Nakagawa Sōen