




2011

## CIIS Today, Fall 2011 Issue

CIIS

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# Expressive Arts

Collaborates with Glide Church Childcare Center *by Zack Rogow*

"There is a young girl in our afterschool program who is the quietest little girl you ever met," recounts Paul Chilvers, lead teacher at the Janice Mirikitani Family Youth Childcare Center (FYCC) at Glide Memorial Church. "She is always well behaved, always does her homework, but doesn't express herself. When CIIS students started bringing expressive arts therapy techniques into our center, she began participating in dramatic play. I watched that young girl blossom and come forth. During role-play about being bullied, she took the initiative in suggesting ways to



Expressive Arts students with children at Glide Church

*"To focus on expressive arts is something we couldn't do at glide without collaboration."*

respond, even though she was not used to owning the leadership mantle. She began to open up—it was so wonderful."

The child described by Chilvers is one of many at the childcare center at Glide Church who are coming into contact with graduate students from the Expressive Arts Therapy program at CIIS. The students provide art activities with therapeutic benefits. The collaboration began a year ago and is now taking shape as a long-term and many-faceted partnership.

*(Continued on page 14)*

## New Long-term Plan

WILL FILL MISSION STREET BUILDING

When CIIS began talking about a master plan for the Mission Street building, the discussion started in an open and democratic way.

"The phrase 'master plan' suggests a detached or top-down approach, but the process here was just the opposite," says Jonathan Mills, director of facilities and operations. "We began by getting a sense of what the needs are, through community meetings and an online survey." Every sector of CIIS provided input. "The architects appreciated the openness of the process, and how much students were actively involved," Mills adds. "They said they hadn't seen that at other schools they'd worked with."

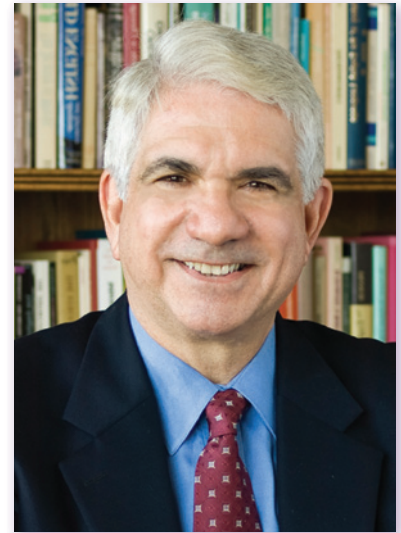
In addition to faculty, students, and staff, the planning process also involved alums, trustees, and visitors to CIIS who attend events or arrive to get information about the university. *(Continued on page 15)*



Group brainstorming notes from planning session

**"Several goals emerged...including a complete makeover for the ground floor."**

# Dear CIIS Alums and Friends



MAJED ABOLFAZLI

Joseph L. Subbiondo

*"...religious pluralism... demands that we honor the integrity of each faith tradition as a distinctive and legitimate lens for viewing the sacred."*

On April 15, 2011, CIIS held its third annual Symposium on Integral Consciousness, organized by archivist Bahman A.K. Shirazi. Held in honor of CIIS founders Haridas and Bina Chaudhuri, the symposium featured talks by administrators, faculty, alums, and students. CIIS President Joseph L. Subbiondo opened this year's symposium with a moving plea for religious pluralism. He argued that higher education plays a vital role in creating a climate of understanding. Here is an excerpt of his speech:

"Religious pluralism only exists in an environment where there is religious diversity, but religious diversity alone cannot guarantee religious pluralism. Religious pluralism requires consistent study, reflection, respect, and difficult conversation. Religious pluralism enables us to stand together despite profoundly held differences. While there are many similarities among the core beliefs of the world's religions, religious pluralism is not a 'melting pot' in which all religions become the same. The religious pluralism that can be a path to interreligious dialogue demands that we honor the integrity of each faith tradition as a distinctive and legitimate lens for viewing the sacred.

"Three steps that I think that colleges and universities ought to consider are: 1) offer courses on the diversity of religious and spiritual practices; 2) whenever possible, integrate the study of religion and spirituality in the curriculum; 3) increase awareness of and practice in social justice.

"We are in the process of developing the Chaudhuri Center for Contemplative Practice, Interreligious Dialogue, and Social Justice, under the co-leadership of Brendan Collins and Jake Sherman. The center, in effect, would incorporate all three steps that I have been recommending. The center cosponsored a lecture series, 'Interreligious Dialogue and Social Justice,' at the Interfaith Center at the Presidio. I encourage you to visit the center on the CIIS website, and to contact Brendan and Jake to discuss programs and activities that you think could advance the mission of the center. Because the center is in its formative stage, all suggestions are most welcome."

Joseph L. Subbiondo  
President

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# ICP EXPERIENCING Growth and Change

**N**ow in its thirty-eighth year, the Integral Counseling Psychology (ICP) program is the largest at CIIS, and still the fastest growing.

“Since we added a weekend program five years ago,” says ICP Chair Barbara Morrill, “the program has grown considerably. We now have approximately 300 students, one third of them in the weekend option.”

ICP is also the Institute’s oldest counseling program, cofounded by the first president of CIIS, Haridas Chaudhuri. The program has had remarkably consistent leadership. Morrill, who began her tenure as chair one year ago, is just the third person to occupy that position since the program started in 1973. Brant Cortright retired as chair in 2010 after serving for eighteen years, and he succeeded Paul Herman, who cofounded the program and directed it for twenty-one years.

ICP continues to transform itself. “During my first year as chair,” Morrill elaborates, “we underwent an accreditation self-study. That process made clear what our goals are, and what changes need to be made.” Morrill is no stranger to challenges of this sort. “I still maintain a private practice—and that’s not just about adaptation and change, it’s about transformation, and to me, that’s the core of this program.”

Some of the changes involve responding to the program’s success and growth. “We know we need more faculty and more staff support,” Morrill says. ICP has recently brought on new instructors and is working toward a greater administrative and staff presence for the weekend students.

The program is also looking to add a fourth counseling center, to accommodate both the increased enrollment, and to place a new emphasis on the community. “The changes in the profession in California, and the addition of the Licensed Professional Clinical Counselor (LPCC) credential, are making it more urgent that we have a clinic that specifically addresses community issues,” Morrill explains.

Another change involves diversity in the curriculum. “We are reviewing the courses with an eye to threading multicultural awareness throughout the curriculum,” says Morrill. As part of this increased attention to diversity, the program invited Eduardo Duran, PhD, to speak about Native American psychology and the healing of intergenerational trauma in spring semester 2011. He met with students in February and returned to CIIS to do a diversity training with the entire faculty of the program.



ICP Chair Barbara Morrill

**“...it’s about transformation, and to me, that’s the core of this program.”**

Another change ICP is experiencing is a renewed emphasis on the spiritual dimension of the program. “Because we are a clinical program,” Morrill explains, “we teach the required coursework for our students to become credentialed mental health professionals. But we still need to create a new vision for the integral dimension of our program. We are nested in the transpersonal, and we need to make sure that it is integrated into all of our offerings.”

Morrill sees this commitment in many of the students in the ICP program. “Most of them have spiritual practices. They’re highly motivated. They know what they want, and they bring a lot of life experience to their academic and clinical work.” Brant Cortright echoes Morrill’s sentiment: “I’ve been impressed over the years at the consistently high quality of applicants and students in the ICP program. It’s the people—the students and faculty who make up this community of seekers—who make this such a rewarding place to be a part of.”

Morrill was touched by what she observed at her first CIIS commencement in May 2011. “I was moved by the quality of the students I saw coming down the line to receive their degrees. People are really drawn to the mission of ICP, and we want to give them what they came for—transformation as well as education.” ●

**J.C. KELLOGG  
FOUNDATION GRANTS  
\$100,000  
FOR ICP DIVERSITY  
SCHOLARSHIP  
PROGRAM**

The J.C. Kellogg Foundation (NY) granted CIIS \$100,000 this past year for the ICP Diversity Scholarship Program. The purpose of the scholarship is to attract more students of color into the ICP program with tuition scholarships of \$10,000 per year over three years. The foundation has made a total pledge of \$300,000 for the scholarship, and this gift marks its fourth year of support. To date, ten ICP students have received this scholarship.

## FACULTY PROFILE:

# Sergio Rodriguez-Castillo, ICP

**T**en years ago, Sergio Rodriguez-Castillo was on a fast track to becoming a partner in the world's largest law firm, Baker & McKenzie. "I was working at their office in Monterrey, Mexico, and becoming a specialist in IT (Information Technology) law," he remembers. "I had conference calls in the middle of the night with clients around the globe. It was all about having more billable hours than anyone else."

A personal crisis made him re-examine his goals. "I thought about backpacking around Europe with a guitar," he muses, "but I don't even play guitar!" Instead, he elected to go to India for a retreat at the Sadhana Institute, founded by the Jesuit Father Anthony de Mello. In India he explored for the first time concepts such as psychospirituality, meditation, Buddhism, and Hinduism, ideas that were far from his traditional Catholic upbringing in Querétaro, Mexico. "I grew up so sheltered in terms of religion that when I first lived outside Mexico, in England, I asked a local Catholic priest if it was all right to speak to Protestants," he recalls.

While in India, Rodriguez-Castillo began thinking about combining his strong spiritual feelings with his ardent interest in helping others. "I asked friends and acquaintances at the institute in India where I could learn to do work where psychology intersected spirituality. The name of CIIS kept popping up," he says.

Rodriguez-Castillo applied and was admitted to the Integral Counseling Psychology program at CIIS. He had to delay his admission several times because of serious medical complications that his first daughter was experiencing. He finally began his education as a therapist in 2005. "I loved my experience at CIIS. It felt right to me in a way that the legal profession never did, and it made it clear to me that I wanted to be a therapist." After finishing his master's degree, he worked in San Francisco at Instituto Familiar de la Raza, which further deepened his awareness of his own Latino background and resonated with what he had learned about diversity at CIIS.



Sergio Rodriguez-Castillo,  
ICP faculty member

After graduation, he returned to Mexico with his family. "When I left CIIS, I thought it would be for good," he says. "I remember saying goodbye to Namaste Hall, and thinking it was for the last time." He set up a therapy practice, divided between Monterrey, Mexico and the town of San Miguel de Allende, where many North American ex-patriots live. He also taught nonviolent communication and transpersonal psychology, drawing on what he had learned at CIIS.

Two years ago he wrote an email to Brant Cortright, who was then the director of ICP, wishing him a happy new year, and mentioning almost as an afterthought that he was thinking of teaching in a program that trained therapists. Cortright informed him that there were two openings at CIIS. After an extensive search process, Rodriguez-Castillo was selected for one of those positions.

"When I taught law in Mexico, the president of the university said to us, 'You now have the opportunity to become the teacher you wanted to have,'" says Rodriguez-Castillo. "I've tried to take that notion seriously. When I came back to CIIS, President Joseph Subbiondo greeted the new faculty with a message that also stuck with me. He invited us to leave our mark here," Rodriguez-Castillo remembers. "It was an invitation I've never forgotten."

Rodriguez-Castillo appreciates being on the faculty at ICP, where the students represent a range of ages and experiences. "I love that many of the students are in a second career, just like I am," he says. "There is a depth to those students. But I also enjoy the freshness and enthusiasm of the students who are right out of college. In ICP, you have a fifty-eight-year-old Harvard MBA sitting next to a recent college graduate."

Rodriguez-Castillo welcomes the challenge of teaching a subject as revealing as psychology. "To be a good professor of psychotherapy, you have to be almost transparent," he describes. "There is an awareness in ICP that all of us—faculty, students, and staff—are practitioners together, travelers on the same path." ●

**“You now have the opportunity to become the teacher you wanted to have.”**



## STUDENT PROFILE:

## Sparlha Swaby

## Integral Counseling Psychology (ICP)

**S**parlha Swaby grew up partly in Jamaica in the Caribbean, partly on Long Island, and partly in California. “I’ve been lucky to live in beautiful places,” she says. “The connection to nature has always been an important part of my self-concept.”

She also feels her moving from one country to another has contributed to her worldview. “Having a background as an immigrant inherently gives you a certain distance from the culture you’re in,” she describes. “It provides you with a critical lens.”

With that in mind, she studied anthropology and ecospirituality at Stanford. After finishing her BA there, she moved to New York City, where she had a successful career as a singer and songwriter. “A lot of my songs are about spirituality and personal growth,” she explains, “so I gradually became interested in finding a career that would enable me to do that work more directly, with more impact, and more sustainably.” She decided to go to graduate school to become a therapist and applied only to the Integral Counseling Psychology program at CIIS. “The East-West emphasis in ICP was important to me, as well as the transpersonal focus, bringing spirituality into the frame.”

Swaby was admitted to CIIS, but chose to defer her arrival in California. “I had a great opportunity,” she recalls, “to appear in an off-Broadway show in New York called *Fela*, about the performer and political figure Fela Kuti, who founded Afrobeat music. I played his love interest, a woman who influenced his political development.”

After her off-Broadway run, Swaby moved to California in 2009. By coincidence, she became not only a student in ICP that fall, but the program coordinator for the weekend program, since a job opened up there right when she began her studies.

Some of Swaby’s favorite moments as a student



Sparlha Swaby, ICP student and staff member

at CIIS are the intensive retreats that begin each academic year. “Being immersed in a community of study all week long is amazing,” she says. She also enjoys the way in which the faculty bring a transpersonal perspective into courses that wouldn’t necessarily have that focus at another institution. She took Psychodynamics with Fred Rosenthal, for instance, a class

on the role of the subconscious, and she liked his way of broadening the scope.

“Psychodynamics is not intrinsically a spiritual subject,” she says, “but Fred Rosenthal brings Eastern spirituality into it, and spirituality at large. The faculty in ICP are modeling for us how to be a transpersonal clinician.”

Swaby also appreciates the renewed emphasis in ICP on diversity, both in the curriculum and in the students’ experience in the classroom. “I have a lot of respect for the program’s commitment to diversity, and I’m excited that it is steadily working on increasing its multicultural competence,” she says.

After graduation, Swaby would like to have a private psychotherapy practice that includes group therapy. She also wants to lead ecotherapy groups in nature. She envisions herself organizing backpacking trips that include therapy circles. Swaby feels strongly that nature has a healing power that can contribute to the therapeutic experience. “My dad taught me in Jamaica that everything is alive, but with different levels of wakefulness,” she says. “I see the world as animated.”

Her dad also made up her given name, Sparlha, from the verb “to spar,” which means to fight playfully with a friend. “My challenges in life are like my friends,” she explains, “they lead me to grow.” ●

**“Having a background as an immigrant... provides you with a critical lens..”**

# CIIS Among First IN CALIFORNIA TO OFFER COURSEWORK FOR LICENSED PROFESSIONAL CLINICAL COUNSELORS (LPCC)

by Zack Rogow

California Institute of Integral Studies (CIIS) is among the leaders in the state in offering coursework for the new Licensed Professional Clinical Counselor (LPCC) certification. "CIIS has already implemented the curriculum for the LPCC in time for fall 2011," says Academic Vice President Judie Wexler. "We're ahead of the curve."

Fall 2011 is the first time that students in California can take coursework that leads to the LPCC. "I'm excited that the State of California is finally offering this license," says Steven Tierney, chair of the Master's in Counseling Psychology program at CIIS, and president of the San Francisco Health Commission. "The labor shortage in this field is real, and this new license will help address it. CIIS is proud to be among the first universities in California to implement the coursework that leads to the LPCC."

Forty-nine of the fifty states in the U.S. already offer the LPCC license. There are more than 115,000 LPCCs nationally, compared with 53,000 MFTs. Texas, for instance, has almost 15,000 LPCCs. California currently has zero. Why? "Part of the reason is that Marriage and Family Therapists (MFTs) originated here in California," Tierney explains. "Up till now, the MFTs and the Licensed Clinical Social Workers (LCSWs) have covered the field of mental health service providers in this state. LPCCs will soon make up a significant portion of the field."

To highlight the changes in the mental health profession in California, the national organization of LPCCs, the American Mental Health Counselors Association, held its annual meeting in San Francisco in July, 2011. The conference featured a workshop on "How to Become a Licensed Professional Clinical Counselor in California," offered by a group of presenters that included Linda Lawless, president of the California Mental Health Counselors Association.

Adding the LPCC credential will put California more in line with the mental health profession in other states. It will also create opportunities for graduates with the new LPCC coursework



Steven Tierney

and for those already licensed in other states. "If you are thinking of practicing in another state at some point after graduation, the new LPCC credential makes sense," says Wexler. The new credential also allows LPCCs trained in another state but residing in California to help fill the emerging labor shortage in the mental health profession.

Wexler describes how the Institute's innovations in offering the coursework for the LPCC in California are indicative of the new role of CIIS in the therapeutic community. "We have one of the largest programs in the state for training counseling psychologists," she says. "Our enrollments in the School of Professional Psychology total 400 students. Now CIIS is also taking leadership in the mental health profession in the state."

On the surface, the LPCC seems somewhat similar to the other two mental health services licenses, MFT and LCSW. All three involve a sixty-unit master's degree. All three require 3,000 hours of supervised clinical experience. All three demand three semesters (six units) of practicum. So what is the difference? "In general, social workers focus on people in organizations or society," Tierney clarifies. "MFTs use a systems approach [emphasizing relationships and communication patterns], and they often concentrate on couples or families. LPCCs focus on individuals and on mental health and mental illness."

Tierney anticipates that some of the students entering the CIIS Master's in Counseling Psychology program will now choose the LPCC. "MFTs will probably still predominate at CIIS, but there are numerous areas of mental health where the LPCC is the most relevant license," explains Tierney. "They include working with individuals, adolescents, gerontology, veterans, or substance abuse. There are opportunities for LPCCs both in private practice and in community-based organization."

Tierney also points out that the job market may be improving just when the first LPCCs become licensed in California. "The current economic prognosis is that the public sector will rebound in two to three years, just when the first wave of LPCC master's

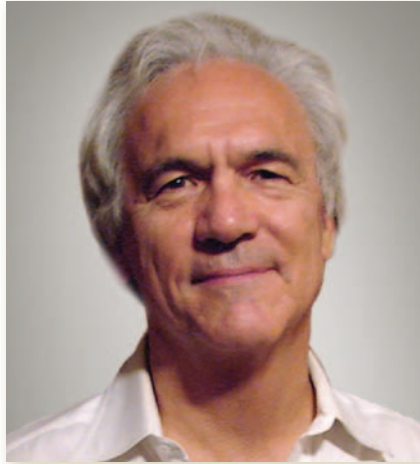
*(Continued on next page)*

**"Now CIIS is also taking leadership in the mental health profession in the state.."**



# Brian Swimme Launches *Journey of the Universe* Movie and Book

CIIS Professor Brian Swimme has premiered a new movie that describes the origins of the universe and life on earth in stunning images and with a highly engaging narration by Swimme himself. Creating this film has been a lifelong dream of Swimme's. The movie is accompanied by a book of the same title, *Journey of the Universe*, published by Yale University Press. Mary Evelyn Tucker, who has taught at CIIS and is on the faculty of the Yale School of Forestry and Environmental Studies, coauthored both the film and the book.



Brian Swimme

which Swimme invites us to enjoy and explore, and his dramatic account of the evolution of the cosmos and life on Earth. The movie took ten years to produce, about half in preparation and fundraising, and half in post-production.

Swimme credits CIIS with being the nursery for this movie. "There is no place other than CIIS where *Journey of the Universe* could have hatched,"

Swimme maintains. "The conversations over many years with faculty, students, and staff deepened my understanding, and I'm profoundly grateful."

The hour-long movie explains the creation of the universe beginning with the Big Bang, and the generating of galaxies and planets that led to life. Although Swimme's background is in mathematics and physics, he wanted to be sure that the film presented a rounded picture. "In my long years of studying science, I felt the lack of the spiritual dimension," he comments, "and even the aesthetic dimension. Science has restricted itself to a tiny area of experience—what can be measured and quantified."

Swimme set the film on Samos, an island off the coast of Turkey, the birthplace of Pythagorus, an ancient Greek philosopher and mathematician. The film alternates between a day in the life of Samos,

For Swimme, one of the most important features of the film is its joyfulness. When Swimme compares our solar system to a cabbage, peppers, potatoes, and an egg on a table, his narrative is laugh-out-loud funny. The film pulls no punches in its exposition of the current ecological crisis, but it is in the context of showing the miracles of the universe, and how abuse of the Earth violates the laws of nature. "The ultimate experience is one of exaltation," says Swimme.

For more information visit [www.journeyoftheuniverse.org](http://www.journeyoftheuniverse.org). ●

*Journey of the Universe* will screen on Friday, November 18, 2011 at the American Academy of Religion's annual meeting at the Marriott Marquis Hotel in San Francisco. The film will be followed by a discussion with Barbara Holmes, Mary Evelyn Tucker, and Brian Swimme. For information on how to attend, please email Tara Trapani at [tcmk@aya.yale.edu](mailto:tcmk@aya.yale.edu).

"...one of the most important features of the film is its joyfulness."

(LPC credential, continued) students will be graduating."

Tierney explains that the program at CIIS is unique in more ways than simply offering the LPC credential coursework before most universities in the state. "Because of their thorough preparation, CIIS graduates consistently have one of the highest pass rates in the state on the licensing exams for mental health professionals," he says. In the most recent results posted on the website of California's Board of Behavioral Sciences (BBS), CIIS had the highest pass rate in the state (90%)



Judie Wexler,  
Academic Vice President

for universities with twelve or more taking the exam.

Tierney feels there are other compelling reasons to study at the Institute. "CIIS also offers programs that make the connections among mind, body, and spirit, in ways that are unique in master's in counseling in psychology programs anywhere, not just in California."

For more information about the Master's in Counseling Psychology program at CIIS and the LPC credential, please contact Senior Admissions Counselor David Townes at [dtownes@ciis.edu](mailto:dtownes@ciis.edu) or 415.575.6152. ●



# New Mindfulness and Compassion Certificate Program for Psychotherapists

**B**eginning in February 2012, CIIS Public Programs & Performances will offer a Certificate in Mindfulness and Compassion for Psychotherapists. The 150-hour program features instructors who are leaders in the field. The program is designed to help develop an inner presence as a psychotherapist and to teach specific skills and interventions in order to deepen and broaden the therapeutic encounter.

Continuing Education Units (CEUs) are available for the coursework, which runs from February to December 2012.

“The quality of the relationship that a therapist can offer a client is one of the major determinants of success in therapy,” says Rob Fisher, codeveloper and lead instructor for the program. “But there are very few training programs that focus on this relationship and on the presence of the therapist. We plan to do that at CIIS.” Fisher is the author of *Experiential Psychotherapy with Couples* and teaches at CIIS and John F. Kennedy University.

The other faculty include many of the most celebrated names in the field: Rick Hanson, author



Rob Fisher

of *Buddha’s Brain*; Steven C. Hayes, who developed Acceptance and Commitment Therapy (ACT); Robert Rosenbaum, author of *Zen and the Heart of Psychotherapy*; Stanford University researchers Philippe Goldin and Kelly Warner; Sylvia Boorstein, cofounder of Spirit Rock Meditation Center; Hakomi therapists and trainers Manuela Mischke Reeds and Julie Murphy; UC Berkeley Professor

Dacher Keltner, author of *Born to Be Good: The Science of a Meaningful Life*; and dharma teacher Eugene Cash. In searching for faculty members, Fisher looked for instructors who were not only experts in the field, but who were gifted teachers, and actually embodied their teachings.

Fisher adds that, “The ideal student for this program would be anyone on a licensure track who is interested in expanding internal resources and a skill set for working with clients using mindfulness. The program will also help therapists develop their internal state, so they can inspire clients and create a deeper and more compassionate therapeutic relationship.”

For more information about the program and open house information sessions, please call 415.575.6175 or visit [www.ciis.edu/publicprograms](http://www.ciis.edu/publicprograms). ●

“...faculty include many of the most celebrated names in the field.”

## Public Programs & Performances: Why Become a Member?

by Emily Brouwer

**B**eing a member of CIIS Public Programs & Performances means joining an extraordinary community of supporters, and also receiving a great package of benefits,” says Director Karim Baer. With discounts to world music concerts, lectures, workshops, and certificate programs; invitations to VIP concert receptions; special CIIS gifts; a members-only will-call window at major events; and much more, membership with CIIS Public Programs & Performances is both a great way to be part of a special community and an excellent deal.

The membership program has seen great success in its first year and continues to grow at a rapid rate. Members are delighted with the 20% discount to the more than one hundred events each year, as well as discounts at the CIIS InnerLight Bookstore and local community retail partners such as Samovar Tea Lounge and 7th Heaven Yoga and Wellness



FERNANDO ACEVES

Lila Downs performs February 23

Center in Berkeley. If you are a longtime supporter of CIIS Public Programs & Performances, or even if you just come to events from time to time, becoming a member is an excellent way to receive a host of terrific benefits and support the CIIS community.

Upcoming events this year include performances by the world-renowned Mexican American singer-songwriter

**Lila Downs** on February 23, and the **Soweto Gospel Choir** on April 5. The line-up of lectures, workshops, and certificate programs is better than ever, with many renowned scholars, writers, and teachers.

Take advantage of all the great upcoming programming and become a member today. For information, visit [www.ciis.edu/publicprograms](http://www.ciis.edu/publicprograms) or contact Emily Brouwer, development officer for Public Programs and the Arts at [ebrouwer@ciis.edu](mailto:ebrouwer@ciis.edu) or 415.575.6216. ●

“...membership with CIIS Public Programs & Performances is both a great way to be part of a special community and an excellent deal..”

# Integrative Health Studies Adds *New Sound and Healing Focus*



Silvia Nakkach, Sound and Healing faculty member

**T**his fall CIIS launched the first-ever curriculum leading to a master's degree in Integrative Health Studies with a Focus in Sound and Healing.

"Our Focus in Sound and Healing is the only one in the world within an integrative health master's program," declares Meg Jordan, chair of Integrative Health Studies at CIIS. "We're getting inquiries about it every day."

The program began because students in the certificate program in Sound, Voice, and Music Healing at CIIS Public Programs & Performances wanted a way to continue learning about the topic. "The Public Programs experience gave students a sample of all the modalities of sound in healing," says Silvia Nakkach, a faculty member in the new MA focus and a pioneer in the field. "But the students wanted to work outside the classroom on what they'd learned, and to have a degree that would qualify them for a career in sound and healing."

Sound healing is becoming increasingly accepted in medical contexts. Some hospitals currently employ sound healers to speed recovery of surgical patients, and some oncologists are using sound in healing to help quell the discomfort of cancer therapy. "Sound healing is one of the best-researched areas in complementary medicine," Jordan points out.

The new focus at CIIS prepares sound healers with a rigorous foundation, integrating ancient methods with modern research. Other coursework includes wellness coaching, stress management, and holistic health practices.

"Students also want the certificate in wellness coaching, embedded in the MA in the Integrative Health program," Jordan adds. "Clinics and physicians are clamoring for our

integrative health interns. They feel that doctors can't handle many of the problems they encounter in the seven-to-fifteen-minute visits that HMOs often restrict them to." On the other hand, health coaches and sound healers are specifically trained to address stress and pain management, and to maximize the effectiveness of a treatment plan.

"I would recommend this program to people of all ages who have been highly impacted by the transformative power of sound," says Nakkach. "We love to have musicians in the program, but the courses are not directed only at musicians. Other students include bodyworkers, yoga practitioners, nurses, and psychotherapists who want to expand their practice into a creative modality."

In addition to Nakkach, the faculty includes John Beaulieu, Pat Moffitt Cook, Dr. Mitchell Gaynor, and other leaders in the field.

The MA Focus in Sound and Healing complements the certificate program in Sound, Voice, and Music Healing that CIIS Public Programs & Performances sponsors. The certificate program continues to offer its popular course of study that also features many of the top experts in the field, and provides 130 Continuing Education Units (CEUs) for some professionals (MFT, RN, LCSW).

For more information on the MA program, visit: [www.ciis.edu/soundhealing](http://www.ciis.edu/soundhealing). ●

## CIIS Celebrates Largest Graduating Class



The CIIS class of 2011 was more than 350 strong, the largest group of graduates in the Institute's history. They received their degrees at the Palace of Fine Arts on May 22, 2011 before a capacity crowd of family and friends. Highlights of the ceremony included congratulatory remarks from honorary doctorate recipients Elizabeth J. McCormack and Lisa Stone Pritzker. At the end of the program, alum Stephen Sabin (PsyD '06) welcomed the graduates into the CIIS Alumni Association.



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As CIIS celebrates its forty-third year, the Institute is pleased to recognize all those members of its extended community who made gifts during the 2010–11 academic year. Numbering more than 300, these generous donors represent every segment of the CIIS community, including alumni, students, trustees, faculty, staff, and friends; as well as foundations, corporations, businesses, and supporting organizations.

Together these donors contributed nearly \$1.3 million to CIIS, a high-water mark for the Institute in recent years. Donors supported a variety of programs, including the library relocation and renovation project, scholarships, research, academic and public programs, the counseling centers, the arts, and the Haridas and Bina Chaudhuri Endowment.

All gifts to CIIS, whatever their size and purpose, are deeply appreciated since they contribute to the Institute's excellence and expanding scope of influence. For questions about the Honor Roll of Donors, or to inquire about making your own gift to CIIS, please contact Dorotea Reyna, director of development, at 415.575.6135 ([dreyna@ciis.edu](mailto:dreyna@ciis.edu)). Thank you for your generous gifts!

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## Guide to Degree Abbreviations

<b>BA</b>	Bachelor of Arts
<b>BAC</b>	Bachelor of Arts Completion
<b>CER</b>	Certificate
<b>MA</b>	Master of Arts
<b>MFA</b>	Master of Fine Arts
<b>PhD</b>	Doctor of Philosophy
<b>PsyD</b>	Doctor of Psychology

## Guide to Program Abbreviations

<b>BIS</b>	Interdisciplinary Studies
<b>CIA</b>	Creative Inquiry, Interdisciplinary Arts
<b>CMHW</b>	Community Mental Health
<b>CLN</b>	Clinical Psychology
<b>COU</b>	Counseling
<b>EWP</b>	East-West Psychology
<b>EXA</b>	Expressive Arts Therapy
<b>EXE</b>	Expressive Arts Consulting and Education
<b>GES</b>	Gender, Ecology, and Society
<b>HOT</b>	Human and Organizational Transformation
<b>ICP</b>	Integral Counseling Psychology
<b>IHL</b>	Integrative Health Studies
<b>IND</b>	Individualized Studies
<b>ISD</b>	Integral Studies
<b>IWP</b>	Integral Counseling Psychology and East-West Psychology Joint Program
<b>MAB</b>	Business
<b>ODT</b>	Organizational Development
<b>PAR</b>	Philosophy and Religion
<b>PCC</b>	Philosophy, Cosmology and Consciousness
<b>PDT</b>	Drama Therapy
<b>PSY</b>	Psychology
<b>SAS</b>	South Asian Studies
<b>SCA</b>	Social and Cultural Anthropology
<b>SOM</b>	Somatic Psychology
<b>TLC</b>	Transformative Learning and Change
<b>TLD</b>	Transformative Leadership
<b>TLM</b>	Learning and Change in Human Systems
<b>TLR</b>	Transformative Learning
<b>TSD</b>	Transformative Studies
<b>WRC</b>	Writing and Consciousness
<b>WSE</b>	Women's Spirituality

\* Donor for three consecutive years

\*\* Donor for five consecutive years



# CIIS Joins Campus Compact

## RECEIVES GRANT TO HELP REMEDY ECONOMIC COMMUNITY TRAUMA

In January 2011 California Institute of Integral Studies was invited to join Campus Compact, a national organization dedicated to service in higher education. In May of 2011 the California chapter of Campus Compact awarded CIIS a grant of \$10,000 for a project to help alleviate the affects of community trauma.

"CIIS is delighted that we were asked to join Campus Compact," says CIIS President Joseph L. Subbiondo. "We're grateful for the support that they've given us so soon after we became part of the organization. We endorse its mission of service in higher education, which is also one of the goals of CIIS."

The funding will enable CIIS to train students and the staffs of community-based organizations on the impact of community trauma, and to develop training and competence to understand and propose solutions to economic community trauma.

According to Project Codirector and CIIS Adjunct Professor Monique LeSarre (BAC '01),

"What we're hoping to do with this grant is to serve the community and community-based organizations in non-traditional ways. The initiative will provide trainings to our students and to the staffs of community-based organizations on the topics of community trauma and social justice," LeSarre elaborates. "We plan to provide trainings, technology, and tools to assess communities that have dealt with trauma, with the goal of promoting the understanding of the effects of long-term intergenerational trauma and its legacy."

CIIS doctoral student Angela Anderson will codirect this service-learning project. "Service is inherent in the nature of the education at CIIS," says Anderson. "It's my hope that students and faculty will be inspired through this experience to imagine and build continued partnerships with community service organizations in the Bay Area." The project will include several partners in the community. ●



Monique LeSarre

**"...we're hoping  
...to serve the community  
and community-based  
organizations in  
non-traditional ways."**

## *Expressive Arts*

*(Continued from page 1)* The CIIS role in the collaboration is two-fold. Expressive Arts Therapy students are working with children at the childcare center, weaving together different arts to focus the issues in their lives. Each session begins with a visual arts-based check-in. The Institute is also organizing retreats for the staff of the center, incorporating techniques of expressive arts therapy.

The presence of the CIIS students adds many more adults into the mix at FYCC. Don Pologruto, department manager at Glide, explains the advantages for the center: "To focus on expressive arts is something we couldn't do at Glide without collaboration."

The positive effects for the CIIS students are also significant. "CIIS students gain by being exposed to a population they might otherwise not encounter," says Pologruto. The Expressive Arts Therapy students also get to work under the guidance of FYCC staff, experienced with youth.

"It's been invaluable for our students," adds Shoshana Simons, chair of the Expressive Arts Therapy program. "This

program allows them to be of service in the world, and to apply theory to actual practice."

Currently second-year CIIS students are working with third, fourth, and fifth graders who come to Glide for an afterschool program. The young people arrive from as many as eight different elementary schools. Most live in the Tenderloin neighborhood of San Francisco. The children are primarily Latino and Asian American, and often their parents do not speak much English.

"When the parents come to pick up their children and see them acting, they are transformed from the 'Come on, let's go home' mode," Chilvers describes. "The parents start to beam. A shining star on stage is an international language."

The experience has also transformed the CIIS students involved. "I've seen a lot of growth in the students," says Simons. "They have more confidence now. They've gotten more authoritative about reading what the kids need, and about setting up activities and trusting their peers."

Ultimately the plan is to have CIIS students involved at Glide for all three years of their education. The graduate students will begin by doing observations, helping out in the classrooms, and getting to know

the young people. In their second year they will work directly with the children. In their third year, they will do a more in-depth practicum at the childcare center.

In addition to working with children, the Expressive Arts Therapy program is providing innovative retreats for the entire staff of the childcare center, from the program manager to the school cook.

"The staff retreat was one of the best we've ever had," said Pologruto. "It brought everyone together."

CIIS faculty are enthusiastic about the collaboration so far. "I am so proud to be a part of this wonderful initiative," says Expressive Arts Therapy core faculty member Denise Boston. "As collaborators, we've developed a special relationship that emphasizes mutual respect and learning that will improve the quality of children's lives."

The collaboration between CIIS and FYCC at Glide is also proving popular among the graduate students in Expressive Arts Therapy. "We have more students who want to be involved with this project than we can include now," says Simons.

"Plus we are turning out experienced youth workers," adds Chilvers, "which the world needs a lot more of." ●

# Cultural Integration Fellowship Honors CIIS at Sixtieth Anniversary

Cultural Integration Fellowship (CIF) chose the occasion of its sixtieth anniversary dinner to honor CIIS for “bringing the art of integral living to higher education,” according to CIF President Rita Pease. “We wanted to acknowledge the excellent leadership of CIIS in higher education today.”

At the dinner, which took place at CIF’s San Francisco center on June 18, 2011, CIF paid tribute to three individuals at CIIS in particular: retiring Professor Rina Sircar (who was part of the Institute’s original faculty), CIIS President Emeritus Robert McDermott, and current CIIS President Joseph L. Subbiondo.

“Both CIIS and CIF were founded by my father and mother, Haridas and Bina Chaudhuri,” Pease notes. “We’re very pleased to see how successful CIIS has been in maintaining and advancing the educational vision of its founders.”

Pease describes her interpretation of that vision and how it relates to education: “The vision of

integral education and integral living is not static—it never was. It’s a dynamic and creative synthesis of spiritual wisdom and scientific discovery. It’s not a hero-worship philosophy, but a recognition of the universal values that are shared by different spiritual traditions and by peoples of different cultures. While we celebrate the rich and varied expressions of our many differences, we also share common ground and aspirations. We value and encourage the individual’s potential for growth and new discoveries.”

The master of ceremonies for CIF’s sixtieth anniversary dinner was Ramen Chakrabarti, treasurer of CIF. Professor Jim Ryan of CIIS delivered the tribute to Professor Sircar. Other notable members of the CIIS community in attendance included Hilary Anderson, Kimberly McKell, and Michael Murphy, all former students of Haridas Chaudhuri. ●



Rita Pease, President, CIF

“The vision of integral education and integral living is not static.”

## New Long-term Plan

*(Continued from page 1)* Several goals emerged from this feedback, including a complete makeover for the ground floor. “One priority is to create a welcoming and accessible entrance for students and visitors,” says Mills. The plan calls for the ground floor to include a prominent entry space, as well as the admissions office, a large hall for public events, an art gallery, the bookstore, and the café.

The plan also foresees eventually moving all of the academic programs into the Mission Street building, including the doctoral program in clinical psychology, now located at Fox Plaza on Market Street.

Other major goals of the master plan are to enhance community, interaction, and natural light in the building. “The new configuration will involve department hubs,” Mills describes, “with a gathering place and a meeting room for each department or cluster of departments.” Faculty offices will be located near classrooms to promote greater dialogue. More natural light will flow into the building by situating classrooms and open space along the building’s window line.

Another goal is to reconfigure the Institute’s bathrooms to allow for more privacy and to make the restrooms less restrictive in terms of gender identity. “One phase of the plan involves changing all the bathrooms to individual occupancy stalls,

with shared areas for washing up,” explains Mills.

Another innovative feature calls for the sixth floor to be devoted to student space, for student governance and organizations.

These goals won’t be realized overnight, since they require extensive fundraising and building. The plan breaks down the renovations into two-year phases that stretch more than twenty years into the future.

The first part of the master plan will be implemented with the construction of the new Laurance S. Rockefeller Library, on the second floor. Construction is slated to start in fall 2011.

The new plan for 1453 Mission Streets comes almost on the building’s hundredth anniversary. The structure was built from 1912 to 1913 as a swimwear factory. “When this building was envisioned a century ago,” says Mills, “it developed something that’s almost synonymous with California: activewear.” The company that built the building, Gantner and Mattern, pioneered topless swimsuits for men, and fluorescent fabrics for bathing suits. “A century later,” Mills muses, “we are re-envisioning the building, and also creating something new, in an academic context. It’s interesting to imagine that there might be a synchronicity between those two beginnings.” ●





In response to the alumni survey conducted this past spring, we have created a new program called **Alumni University**, to offer many opportunities for professional development and career networking/counseling. These lectures and workshops will be led by CIIS alums from all degree programs and designed especially for CIIS alum participants. The cost will be low and all proceeds will benefit the Alumni Scholarship Fund.

The first event was held on September 15 and featured Mariana Caplan (ICP '94), who shared highlights of her most recent book, *The Guru Question: Perils and Rewards of Choosing a Spiritual Teacher*.

If you would like to be a presenter for a future Alumni University lecture/workshop/event, please send a proposal to Richard Buggs at [rbuggs@ciis.edu](mailto:rbuggs@ciis.edu).

# HIGH RESPONSE RATE FOR *Alumni Survey*

by Richard Buggs

**CIIS** surveyed alums in March and April 2011. We are grateful to all who participated and helped us identify services and support that will be most useful in the coming year. Some of the data will be included in the report prepared for our reaccreditation with the Western Association of Schools and Colleges (WASC).

The electronic survey was sent to 2,372 alums via email with a link to Survey Monkey. 427 alums returned the survey, for a high response rate of 18%. Paper surveys were mailed to alums who graduated before 1990, with a parallel return rate of 19%. Fifteen different MA, PhD, PsyD and BAC programs were represented from degree years ranging from 1985 to 2011.

Respondents were overwhelmingly positive about the quality of their education at CIIS and felt prepared for work in their chosen field

When asked to rank CIIS initiatives, alums identified increasing scholarship support as most

important, followed by promoting community service learning opportunities, and increasing visibility.

In response to the question: "What events would draw you back to campus?" alums indicated their preferences (in order): lectures, workshops, performing arts, professional networking events, social events, and career development seminars.

In a question about use of social media, 70% of respondents indicated that they use Facebook, and 46% utilize LinkedIn. Many alums use the CIIS Alumni Association presence on Facebook as a way to learn about events, post their own activities, and stay connected to the larger community.

In response to a question about the best way to support ongoing growth and development, alums requested an increase in opportunities for collaboration and networking with one another; along with workshops, lectures, and continuing education trainings leading to necessary units for re-licensure.

To view the complete survey results, please go to [www.ciis.edu/alumni/survey](http://www.ciis.edu/alumni/survey). ●

*"Increase the number of programs that are offered online so that remote alums can participate and stay connected to CIIS."*

**"I learned how to exercise the compassion I felt, how to listen with patience, and how to identify what has value and relevance where our culture usually overlooks it....I hope that I developed the strength to contemplate my shadow. I can be present with people who are walking through their own darkness."**

**"From the very beginning Brian Swimme made me feel like I already belonged to this intense and meaningful group of teachers and learners."**

**"Lu Grey...was immensely supportive of her students and encouraged confidence, integrity, and commitment, both personally and professionally. The teachers remain the most important part of my experience at CIIS."**

**"Attending CIIS was like going through boot camp for the psyche. I was deeply challenged every energizing minute."**

**"I met my best friends at CIIS. They will be friends for life."**

**"I have three degrees from CIIS but my favorite and most important was the BAC, where I learned that my life experience was valued and even sought after. The enrichment gained has sustained me all of my life."**

**"Stay strange."**

**“In Cindy Shearer’s BAC writing class, we discussed the notion that writing can be a process of discovery—in other words, one cannot know what one will write until one writes.”**

**“Working with Katie McGovern, my dissertation chair, was a profound experience in deepening my relationship to my topic while managing the practicalities of completing the research and writing.”**

*“CIIS...is a wonderful balance of developing intellectual pursuit and spiritual wisdom.”*

**“My cognitive psychology class taught by DeeLee Lantz really changed my life. I’ve been teaching and writing about multiple intelligences for twenty-five years now, and have books translated in over twenty languages. Thank you, CIIS!”**

**“A friend and I were walking back home after playing basketball and saw a For Sale sign. We noted that the Institute was looking for a counseling center, so two sweaty guys with a basketball tell the real estate agent that we’ll buy the building. The agent was surprised, but we felt it was divine intervention that found the Church Street Counseling Center.”**

**“Dr. Chaudhuri had passed on by the time I got to the Institute but I did get to know Bina, and we PAR students often ate dinner at her house. I appreciated getting in on that original Aurobindo-Institute link.”**

*“Being present with Dr. Chaudhuri and having personal conversations with him inspired me to continue my spiritual practice.”*

**“My main memories of CIIS are learning with a group of amazing, very intelligent, creative individuals.”**

**“Vern Haddick is all I need to say—a great spirit of kindness, insight, and gentle humor.”**

*“Matthew Bronson is the most inspirational teacher I’ve ever had.”*

ALUMNI PROFILE:

# Ginny Lin

PHD, ACS '08

**G**inny Lin received her PhD from CIIS at the age of seventy-three in 2008. A Renaissance person, she now holds advanced degrees in science, Western philosophy, and Eastern philosophy. She finished her coursework and dissertation at CIIS in only four years, completing a thesis in Asian and Comparative Studies with Professor Yi Wu as her advisor. In her doctoral dissertation, she linked Lao Tzu’s Tao Te Ching and the ancient concept of yin and yang to the work of Plato, Kant, and Descartes.



Ginny Lin

She grew up in Taiwan, where she won a competition for a scholarship to attend Texas Tech University. She came to the U.S. in 1958 to study chemistry, knowing little English. She mastered the language extremely rapidly, transferred to the University of Michigan, and completed an MS degree in chemistry. Her middle years were focused on her family after she fell in love with and married a fellow student. Her husband, Professor Chaote Lin, who passed away in 2003, taught Japanese and French at San Jose State University for thirty years. The Lins raised two children, Anna and Ken. Ken is a businessman who graduated from Stanford with a degree in mathematics at age eighteen, and Anna is an accomplished performer and composer for the taiko drum.

Ginny Lin, who resides in San Jose, says the key to her enormous vitality at age seventy-five is to live humbly and frugally while giving back to the community. “Don’t think of yourself,” she says, “think of humankind.” She volunteers every weekday at Evergreen Valley College to tutor students in math and physics. For the past twenty-five years, she has enjoyed a vegetarian diet.

Her current project is to write a book on the ecological crisis, and another on whether the universe “is a tao field or a Buddha field.”

“Ginny Lin is a fantastic example of dedication to lifelong learning,” says CIIS President Joseph L. Subbiondo. “CIIS deeply appreciates her generosity and her spirit. We’re proud she’s an alum of our Institute.” ●



# Class Notes

To send a class note, please email Dean of Alumni Richard Buggs at [rbuggs@ciis.edu](mailto:rbuggs@ciis.edu). If you include a digital photo, please send a high-resolution image.

**Ron Pevny** (ICP '78) is founder and director of the Center for Conscious Eldering based in Durango, Colorado and has a long history as a guide for wilderness rites of passage for individuals and organizations in transition. His current focus is on offering Choosing Conscious Elderhood retreats, pilgrimages to meet indigenous elders, and coaching for Conscious Elderhood. He has authored several articles on conscious eldering which can be found on his organization's website. He has been married to Barbara Donica Pevny (ICP '79) for thirty-three years.

**Sharon Kehoe** (EWP '90; ISD '97) is an adjunct professor in Religious Studies at the University of Idaho in Moscow, Idaho. She led a travel tour this summer in Southern France tracing the footsteps of Mary Magdalene.



**Daniel Hamburg** (PAR '92) was recently elected to the Mendocino County Board of Supervisors.

**Ondina Nandine Hatvany** (SOM '94) is director of the eating disorders program at the Community Institute of Psychotherapy in San Rafael, California. She advocates a Health at Every Size (HAES) approach that incorporates mindful and intuitive approaches to working with disordered eating. She also has private practices in Mill Valley and San Francisco where she works with queer, alternative, and traditional couples using an Emotionally Focused Therapy (EFT) approach.



**David Fauvre** (ICP '97) was trained in core energetics and energetic healing at the Barbara Brennan School of Healing and is the coauthor of the Enneacards and *The 27 Tritypes Revealed*. He is a developer of online Enneagram testing instruments and specializes

in Enneagram language research algorithms. He is a Certified Enneagram Teacher with Riso-Hudson and has completed the professional training program with Palmer-Daniels.

**Shefali Tsabary's** (PDT '97) book *The Conscious Parent: Transforming Ourselves, Empowering Our Children* has received the Nautilus Gold Award for Parenting.



**Judy Grahn** (WSD '00) was a plenary speaker at the CIIS-hosted second annual conference on "Expanding the Circle: Creating an Inclusive Environment in Higher Education for LGBTQ Students and Studies" at the Hotel Nikko in San Francisco.

**Lyne Desormeaux** (CLN '91), **Nicholas Carlisle** (ICP '01), and **Jonathan Mills** (EWP '09) offered concurrent sessions.

**Tina Stromsted** (TLR '00) is a Jungian analyst and Board Certified Dance Therapist with a private practice in San Francisco. Cofounder and past faculty member of the Authentic Movement Institute in Berkeley, she teaches at various universities. With thirty-five years of clinical experience, her clinical work, teaching, and publications explore the integration of body, mind, psyche, and soul in healing and transformation in universities and healing centers in the Bay Area and internationally.

**Tiffany Renée** (PCC '02), elected to the Petaluma City Council in 2008, is a progressive champion for sustainable communities and environmental policy. In May, she hosted a climate conference for North Bay governmental, nonprofit, and agricultural leaders. She is seeking to become the next congresswoman from California's North Coast.



**Noah Levine** (BAC '00; ICP '04) is the founder of the Against the Stream Buddhist Meditation Society, with two centers in Los Angeles and more than twenty affiliated groups in North America and Europe. He teaches meditation groups, gives workshops, and leads retreats. He is the author of *Dharma Punx*, *Against the Stream*, and *The Heart of the Revolution*.



**Jake Pollack** (IHL '06) is director of educational programs at Cape Eleuthera Institute in the Bahamas and is developing gap-year, semester, and other programs for adults and youth.



**Stephen Sabin** (PsyD '06) is a candidate at the Psychoanalytic Institute of Northern California. Licensed as a clinical psychologist, he has a private practice in San Francisco working with adolescents, adults, and couples. He serves on the board of directors of the Access Institute, a community mental health clinic in San Francisco; and also serves as the curator for Spectrum, an annual fundraising event held each autumn.



**Naomi Schulz** (BAC '05) has been accepted into the Pacific School of Religion in Berkeley.

**Jerrold Kimmel** (IHL '08) is an integrative health and wellness coach, specializing in mind-body approaches for creating optimal health and enhancing well-being. She has maintained a private practice since 1980, integrating massage therapy, mind-body techniques, and other holistic modalities in assisting her clients in attaining physical, emotional, and spiritual health.

# Alumni Reunions

**Jennifer Edlin** (ICP '09) is a contributor to *Torn: True Stories of Kids, Career & the Conflict of Modern Motherhood*, a book with forty-eight women's personal stories. She participates in this balancing act daily as a therapist, mother, and clinic manager at Golden Gate Integral Counseling Center.

**Rochelle Suri** (BAC '03; ICP '06; EWP '10) authored the article "Making Sense of Voices: An Exploration of Meaningfulness in Auditory Hallucinations in Schizophrenia" in the 2011 issue of the *Journal of Humanistic Psychology*. She also coauthored the article "The Gift of Life: Death as Teacher in the Aghori Sect," in the *International Journal of Transpersonal Studies*. She is involved in ongoing research on auditory hallucinations in schizophrenia, and also presented at the First Global Conference on Madness in Oxford, England. Suri is dedicated to integrating Western psychology and Eastern spirituality and recently relocated to Mumbai, India, where she maintains a private psychotherapy practice.



**Jay Kumar** (ACS '11) teaches at Loyola Marymount University's Center for Religion and Spirituality and UCLA Medical School's Mind Awareness Research Center. He is a certified yoga and meditation instructor, motivational speaker, writer, and now host of the nationally syndicated radio show "AWAKE with Dr. Jay Kumar!" He recently cofounded the Holospheria Project, a global multimedia organization dedicated to helping people and the planet awaken to the emerging paradigm of empowered wholeness.

**Joseh Garcia** (EWP '04; EWP '11) debuted his new CD *Bossa a Trois* in San Francisco during his recent Little Flower Tour. In his concert, he sings various styles of Brazilian music (pop, bossa, samba, and funk), and acoustic versions of his debut CD. He also performed at the 2011 CIIS commencement ceremony.



—Richard Buggs

JANUARY 21, 2011

## Portland, Oregon



Ross Cohen (ICP '04), Paula Noel Macfie (ISD '01), Kathleen McLaughlin (PAR '77), Nina Watt (ICP '04), Marla Feinberg (ICP '91)

The second annual Portland reunion was held at the Hotel deLuxe. During the informal program, alum Kathleen McLaughlin (PAR '77) shared memories of studying with Professor Haridas Chaudhuri when CIIS was located on Dolores Street. Gregory Kramer (ISD '97) spoke about his work as a meditation teacher for physicians and other professionals around the world, and about the value of studying at CIIS.

APRIL 15, 2011

## Seattle, Washington



Susan Cannon (TLM '00), Derek Trlica (ICP '03), Rebecca McKinney Trlica (ICP '03)

Alum Susan Cannon (TLM '00) hosted Washington state alums at the Integral Loft and presented findings from her work with women in transformative leadership training programs. A lively discussion followed the presentation, with many alums contributing stories from their personal and professional lives.

MAY 19, 2011

## Santa Rosa, California



Joan Koerper (HUM '04), Katrina Corbell (BIS '10), Maureen Kellen-Taylor (TLR '99)

Twenty alums gathered at Cellars of Sonoma for an evening filled with great food and conversation. Nora Archambeau (EWP '97) led a lively discussion on the topic "How Can We Collaborate as Sonomans in Work, Play, and Spirit?" Alums were enthusiastic about the event and decided to try to meet monthly at various homes and locations.

—Richard Buggs

APRIL 9, 2011

## Burbank, California

Alum Maureen Kellen-Taylor (TLR '99) hosted Southern California alums at the Burbank Senior Artist Colony for an afternoon of conversation on "The Art of Spirited Aging." Jungian analyst Cydney Rothe presented her perspective on developmental milestones that allow for reflection and planning for quality of life throughout one's lifespan.

All alums of CIIS automatically receive a free subscription to CIIS Today. If you would like to update your address or subscription status, please contact Cynthia Mitchell at [cmitchell@ciis.edu](mailto:cmitchell@ciis.edu) or 415-575-6278.





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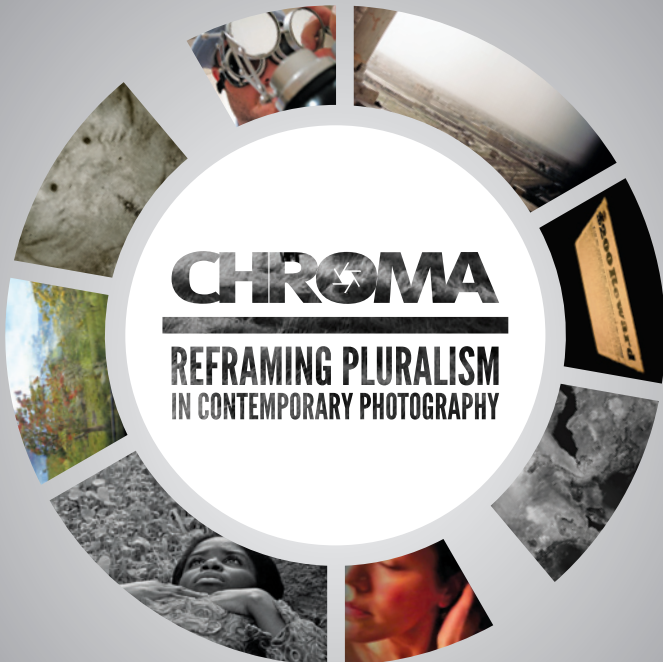
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