



Spring 2012

Integral Counseling Psychology Newsletter

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California Institute of Integral Studies



Integral Counseling Psychology Newsletter

In This Issue

Spring 2012

[At 'Home' In the World](#)

[Letter from Barbara Morrill, ICP Chair](#)

[ICP & ICPW News](#)

[ICC Corner](#)

[Practicum Corner](#)

Events

[Supervisor Talks](#)
[Spirituality: A Descent Into the Body](#)

[Barbara Sullivan](#)
[Psychotherapy & Money](#)
[Crossing the Threshold: A Wilderness Rite of Passage](#)
[ICP Diversity Committee](#)

Join Our List

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[Be Part of our Facebook Community](#)

Dear ICP/ICPW Community,

Welcome 'home' to a new semester and New Year! At the end of the last semester, two different students came to meet with me within the space of a week, each wanting to speak about how our clinical program could expand to prepare them for active engagement in a world of poverty, inequality, racist and sexist structures. They wanted to learn leadership skills that they could take beyond the clinical consulting room.

These are critical areas and each student must decide how his or her education can inform their actions in the world. In the Integral or Transpersonal framework, the concept of "home" is that still and constant core, a Presence behind all of life's teeming activity. What is true about being at home in the world is that without this core, without touching the flow of our own true nature, there is no authentic clinical relationship or work in the world. Our experiential training program is designed to teach clinical skills in a format that also provides an opportunity for self exploration as well as transformation. It is our hope that our students take this opportunity to find, know, and work from the 'home' that resides within themselves.

As you explore your inner home or true nature, you will become aware, as many of you have, of what has heart and meaning for you in this field. Along these lines, the Mental



Health leadership of the state of California has mandated a stronger emphasis on community mental health in graduate-level clinical psychology programs. This new mandate has been coincident with the decline of acceptance rates to the Integral Counseling Centers, which caused so much pain last semester, and resulted in the stronger necessity for students to look for other practicum training opportunities. ICP faculty, administration and students are engaged in changing the ICP culture by placing as much emphasis on clinical practice external to CIIS as on our beloved ICCs and their rich relationship and community oriented environments. As part of our strategy to support these changes, the ICP faculty members are currently in dialogue around creating more group supervision classes/communities that will provide an ICP "home base" as our students contribute to the mental and spiritual health of the broader community.

Our programs this semester also suggest 'home.' We emphasize the body and somatic experience as gateway to spiritual expansion with Theresa Silow, head of the Somatics program at JFK, the archetypal feminine ground with well-known author and Jungian analyst Barbara Stevens Sullivan, the mother/daughter relationship across cultures with our own CIIS faculty, Michael Klein with a program on private practice and money (the home-base of making a living), and finally, home as earth, Gaia, in a three-day wilderness quest with David Talamo and our own Sparlha Swaby.

In closing, we offer you support for your own journey home, and we look forward to seeing how each of you bring your own unique sense of home into your work in the world.

Sincerely,
Barbara Morrill
ICP Program Director

News

ICPW News

by Sparlha Swaby

Well folks, you'll be seeing one less cohort walking around the hallways on campus this semester. Most of the '09 Cohort graduated at the end of last semester in a beautiful ceremony in Namaste on Sunday, December 4th. Congratulations to us! It was a 2 hour event filled with laughter and tears. A few of us will be taking one last class this Spring, Integrative Seminar, but not during the regular ICPW cohort weekends.

ICP News

by Nathan Lupo

Happy New Year, everyone! We're gearing up for another full semester here in the ICP program. Last semester, as is

becoming usual, saw some significant changes in the program, not the least of which was the stepping into place of our new team member, Daniela Koenig. The reviews are in, and it's unanimous among students and faculty alike that Daniela has brought many positive changes to the program. Students are finding it easier to get curriculum advising, and Daniela has implemented new, more thorough processes behind the scenes as well.

[To read all ICP & ICPW News please Click Here!](#)

Integral Counseling Center Corner

Pierce Street ICC

by Dan Gottsegen, Director

Pierce Street ICC is actively integrating it's new cohort into the community. Each semester the culture within our community evolves as we are impacted by the gifts, needs and sensitivities of each new community member. This process is well under way as we begin to prepare for our upcoming retreat.

Susan and I are also actively reflecting on how the last counseling center interview process went. We are aware of how difficult this process was for so many people, and we are looking for ways to modify it to be more sensitive to the vulnerabilities of those applying. We welcome your input by email or in our upcoming open house. We would like to find right relationship to this very challenging experience and recognize that this has not yet happened.

Practicum Corner

To support you on your practicum journey the MCP Field Placement office and the ICP office are putting on some workshops/orientations to help you make practicum a successful experience.

ICP Practicum 101 Orientation

with Daniela

If you are getting ready and are starting to think about practicum and not sure how to go about applying for practicum approval, practicum at the ICCs (info for fall 2012 start) and at external sites (info for spring 2013 start) this orientation is for you.

Tuesday, March 13 at 6 p.m. in room 212
or

Friday, March 16 at noon in room 207

ICP Practicum 102 Orientation

with Daniela

If you are planning on starting practicum in Summer 2012 or Fall 2012 please join this orientation to learn more about the forms that need to be completed and how to find a supervisor.

Monday, March 26 at 6 p.m. in room 212

or

Friday, March 30 at noon in room 207

The MCP Field Placement office is offering great practicum support classes this semester. Here's a sample of a few:

Practicum Information, Resume and Cover Letter Session

with the Field Placement Office

Sunday Feb. 5, 4-6 p.m. Room 207

Practicum Information, Resume and Cover Letter Session

with the Field Placement Office

Wednesday Feb. 8, 1-2 p.m. Room 550

For the entire listing please log into myCIIS and click on "MCP Field Placement" page.

Events

The fall Supervisor Talks series as well as the ICP events were a great success and we have some great talks & events planned for the upcoming spring semester.

[Click Here for the Schedule of all Spring Events](#)

Supervisor Talks

Come meet 9 more ICP approved supervisors to learn more about them, their theoretical orientations, and supervision with them.

The Essential Elements of Self Compassion

by Sue Steel

Tuesday February 2, 2012 6:15 p.m. CIIS Main Building

Cries and Whispers: Psychoanalytic Whispering

by Maureen Franey

Tuesday March 6, 2012 6:15 p.m. CIIS Main Building

Object Relations: Self, Beliefs, Early Images, New Relationships

by Andrew Pelfini

Monday March 12, 2012 6:15 p.m. CIIS Main Building

[Click Here to see all the Spring Supervisor Talks](#)

ICP Events this Spring

Spirituality: A Descent into the Body

by Theresa Silow PhD.

Thursday February 9, 2012 6:30-8:30 p.m. CIIS Main Building

Barbara Sullivan

Saturday, February 18, 2012 7-9 p.m. CIIS Main Building

Psychotherapy & Money

with Michael Klein

Thursday, April 12, 2012 7-9 p.m. CIIS Main Building

Crossing the Threshold: A Wilderness Rite of Passage

with David Talamo, MFT and TA Sparlha Swaby, MA

May 10-13, 2012 Off-site location TBD

ICP Diversity Committee

Thursday 1/26 noon - 1:30 p.m., Wednesday, 2/22 6:30 - 8 p.m. and Thursday 4/26 noon - 1:30 p.m. CIIS Main Building

[Click Here to get more information about all ICP Events](#)

Public Programs and Performances

CIIS Public Programs and Performances offers many wonderful workshops, talks, and performances.

[Click Here for an overview of PPP Events](#)

Spirituality & Psychology 2012

Brant Cortright will be presenting at this Bi-Annual Scholarly Conference organized by ITP

February 17, 18 & 19, 2012 at Menlo College in Atherton, CA

[For more information on this Event please Click Here](#)

Neuroscience for Clinical Practice

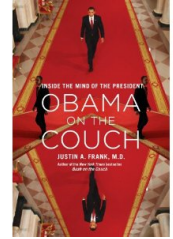
The Somatics Department at CIIS presents A Relational-Somatic Perspective on the Neurology and Psychophysiology of Awareness, Regulation, Cognition, Affect, Embodiment and Attachment.

March 2 & 3, 2012 Berkley CA

[For more information contact mludwig@ciis.edu](mailto:mludwig@ciis.edu)

Recommended Readings

by Sparlha Swaby



Below please find some recommended readings provided by Fred Rozendal ICP faculty and Sparlha Swaby.

Obama on the Couch

by M.D. Justin A Frank

Obama's transformation over the course of his brief but incredibly well-examined political career has left some supporters disillusioned and has further frustrated opponents. To explore this change in behavior, and Obama's seeming inability to manage the response to his actions, Dr. Frank, a highly regarded national expert on psychoanalysis, delves into his past, in particular, the President's turbulent childhood, to paint a portrait of a mixed-race child who experienced identity issues early in life, further complicated by his father's abandonment.

Chestnut Lodge and the psychoanalytic approach to psychosis.

by J. Kafka (2011)

The study of psychosis has a long history in psychoanalysis, as does the debate over the suitability of psychoanalysis for treating schizophrenia. For decades, Chestnut Lodge was not only a hospital but also a clinical research and educational institution. This quasi-academic approach to in-depth individual case studies led to clinical findings and theoretical formulations.

Journal of the American Psychoanalytic Association, 59 (1), 27-49.

Happy Reading!

The Integral Counseling Psychology (ICP) program is one of five distinct master's in counseling psychology programs at CIIS. ICP was the first East-West, transpersonal psychology graduate program in the world. Transpersonal psychology is a framework in which Western schools of psychology are synthesized with the world's spiritual traditions. We view psychological healing and growth within the larger context of spiritual unfolding.

A major emphasis of the Integral Counseling Psychology (ICP) program is on the two major streams of depth psychology: contemporary psychoanalytic and humanistic-existential.

We want students to become sophisticated in working with transference and countertransference dynamics in a relational approach to the psyche while also being astute to existential and somatic approaches incorporating the wisdom of the body.

Behavioral and family systems orientations are also taught in the ICP program. Because our education is so thorough, we consistently have one of the highest pass rates of all graduate degree programs in California for the Marriage and Family Therapist (MFT) exam.

For more information contact Nathan Lupo ICP Program Manager at (415)575-6225 or nlupo@ciis.edu. For the ICP Weekend program contact Sparlha Swaby ICPW Program Coordinator at (415)575-6130 or sswaby@ciis.edu

We wish you a wonderful spring semester. If you have any questions please don't hesitate to contact us.

Warmly,



Barbara, Sparlha, Daniela and Nathan
CIIS Integral Counseling Psychology Department

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