




Fall 2013

CIIS Today, Fall 2013 Issue

California Institute of Integral Studies
bshirazi@ciis.edu

Follow this and additional works at: <http://digitalcommons.ciis.edu/ciistoday>

 Part of the [Community Psychology Commons](#), [Interdisciplinary Arts and Media Commons](#), [Race, Ethnicity and Post-Colonial Studies Commons](#), and the [Social and Cultural Anthropology Commons](#)

Recommended Citation

Integral Studies, California Institute of, "CIIS Today, Fall 2013 Issue" (2013). *CIIS Today*. Book 6.
<http://digitalcommons.ciis.edu/ciistoday/6>


This Book is brought to you for free and open access by the Journals and Newsletters at Digital Commons @ CIIS. It has been accepted for inclusion in CIIS Today by an authorized administrator of Digital Commons @ CIIS. For more information, please contact bshirazi@ciis.edu.



CIIS *today*

The Community Newsletter of California Institute of Integral Studies

Fall 2013

A photograph of two women in academic regalia (gowns and hoods) performing Shakespeare. The woman on the left is wearing a black gown and hood, and the woman on the right is wearing a purple gown and hood. They are both looking at each other with expressions of surprise or concern.

Drama Therapy Students Perform Shakespeare with San Quentin Inmates

PAGE 3

INSIDE:

Sound, Voice, Music Healing
Certificate Program Thriving

PAGE 5

Joy DeGruy Brings Insights on
Race-Related Trauma to
CIIS Community

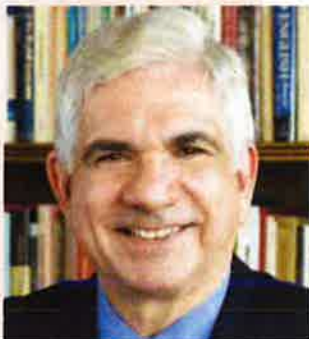
PAGE 7

Silicon Alley Initiative

PAGE 16

Dear

CIIS Alums & Friends



As a university inspired since its founding by the evolution of consciousness, CIIS continues its educational commitment to envision a progressive future and to participate in its development. For the past forty-five years, CIIS has led U.S. higher education in providing an integral education—an education that draws connections among areas of knowledge, multiple ways of knowing, and global wisdom traditions. In moving forward, CIIS recognizes that stretching and fusing the boundaries of learning shape its primary mission and justification.

As we plan for CIIS in 2020, we will continue to distinguish trends from fads, respond to demographic shifts, and serve national and international communities. We will advance an education that includes studies in consciousness, neuroscience, mindfulness, ecology, interfaith dialogue, social justice, health, transformative change, the arts, and community service. As we look forward, we will also be mindful of our neighborhood, its needs as well as its opportunities.

CIIS is blessed to be in San Francisco—a city deservedly renowned for its leading-edge initiatives. In my travels in July through the Scandinavian countries—nations well advanced in social services and technology—everyone I met indicated to me that San Francisco is the city in the U.S. that they most want to visit.

As alums and friends of CIIS, I hope that you will participate in imagining what CIIS could and should be in 2020. Let's draw on our past and present as we plan for a future that will bring out the best in all of us.

A handwritten signature in black ink that reads "Joseph L. Subbiondo".

Joseph L. Subbiondo
President

CIIS *today*

The Community Newsletter of
California Institute of Integral Studies

EDITOR
Zack Rogow

DESIGNER
Alexis Vilay at AlexisMaia.com

CREATIVE SERVICES MANAGER
Lisa Zamarin

CONTRIBUTORS
Richard Buggs, Brendan Collins,
Julie Pofsky, Zack Rogow,
Deirdre Visser, Charles Wilmoth

DIRECTOR OF DEVELOPMENT
Dorotea Reyna
dreyna@ciis.edu; 415.575.6135

DEAN OF ALUMNI AND TRAVEL PROGRAMS
Richard Buggs
rbuggs@ciis.edu; 415.575.6116

DIRECTOR OF COMMUNICATIONS
James David Martin
jmartin@ciis.edu; 415.575.6165

Cover photo: CIIS Students Kim Moody and
Alex Goldsmith. All photos at San Quentin Prison by
Robert Long, courtesy of *Marin Independent Journal*.

CIIS Today is published semiannually
by the Communications Department
for alums and friends of CIIS.



Printed on recycled paper
using vegetable-based inks

Copyright © 2013 by
California Institute of Integral Studies

DRAMA THERAPY STUDENTS PERFORM

Shakespeare with San Quentin Inmates

by Zack Rogow

In spring 2013, three students from the Drama Therapy program acted in a play with inmates at San Quentin State Prison through the Marin Shakespeare Company. The three CIIS students—Alex Goldsmith, Amelia Kriss, and Kim Moody—played the female roles in a production of Shakespeare's *The Merchant of Venice*, while the inmates played the male characters. The show, which took place on May 24, 2013, was directed by CIIS alum and Registered Drama Therapist Suraya Keating (EXA '99) and Lesley Currier, managing director of Marin Shakespeare Company and founder of the Shakespeare at San Quentin program.

"The three of us started rehearsing with the men in February 2013, and by then, they had already been working on the play for five months, meeting once a week," Amelia Kriss recounts.

When the students began visiting San Quentin, they were excited but somewhat fearful about interacting with the prisoners. "The first time I was nervous," admits Kim Moody. "I thought I was really open-minded. I still had no idea. I expected the men to be hard, not very quick to open up, rough around the edges. They really weren't. They were so welcoming."

***"Shakespeare is a doorway,
an entry into the existential
themes of life."***

The rehearsals were a journey of discovery for both the students and the inmates. "In an exercise we did in rehearsals, everyone talked about one of the ways they thought they were similar to their character, and one of the ways they thought they were different," Kriss elaborates. "As people were speaking, it got deeper and deeper. Several of the characters in the play are vengeful, and everyone began discussing vengeance. There was a complexity that developed."

Kriss adds that the questions that actors ask themselves in creating a role became anything but routine: "What does your character want, how does your character change over

the course of the play, what is your character motivated by—these questions demand that you get in touch with your own emotional experience, and that you are able to reflect on it and articulate it. What's so amazing about witnessing this is that I feel that is the place where empathy is formed—you see how similar other people's feelings can be."

Director Suraya Keating points out the irony in the way that acting can allow for revelation. "Put on a mask and then you see who you really are," she says. "When we get to put on a mask that is not ourselves, we get to study ourselves and study human nature more deeply. What mask am I wearing that I'm not aware of? Who do I want to be? Shakespeare is a doorway, an entry into the existential themes of life."

The themes of Shakespeare's *The Merchant of Venice* were particularly resonant for both the prisoners and the students. "I acted in this play in high school, and I've read it since then," describes Moody. "There was one day for me, when I was reciting Portia's speech on the quality of mercy in front of these men, when I just felt the weight of these words in a new way:

'in the course of justice, none of us
Should see salvation: we do pray for mercy;
And that same prayer doth teach us all to render
The deeds of mercy.'

"Something about saying that speech in a room of men, some of whom were given life sentences as teenagers, some given life sentences under the Three-strikes law—it just broke my heart," Moody says. *(continued on page 9)*



Above: Inmate Kimani Randall and Drama Therapy student Amelia Kriss in production of *The Merchant of Venice* at San Quentin

Below: The cast takes a bow





Above: Program founder and coordinator Silvia Nakkach

Below: Class in the Sound, Voice, and Music Healing program



Sound, Voice, Music Healing

Certificate Program Thriving

The certificate in Sound, Voice, and Music Healing, now in its eighth year, continues to attract a strong faculty and a large cohort of students. Taught through CIIS Public Programs & Performances, the program is the brainchild of Silvia Nakkach, a pioneer in the field, who designed the curriculum and continues to coordinate and teach. Sound, Voice, and Music Healing has drawn students with many professions and interests, including physicians, composers, psychotherapists, acupuncturists, yoga teachers, and musicians—

some from the San Francisco Symphony. Leading figures in the world of music and sound healing have taught in the program, among them Ysaye M. Barnwell (of Sweet Honey In The Rock®), David Darling, Dame Evelyn Glennie, Meredith Monk, Pauline Oliveros, Terry Riley, and Glen Velez.

Nakkach remembers vividly the moment in her youth that led her in the direction of sound healing. “I was student at a music conservatory in Argentina, where I grew up,” she narrates. “The instructor played us two pieces by the modern composer Karlheinz Stockhausen. Hearing these pieces, I said, ‘This is the music that makes me feel alive.’ All the other students in the class were upset by the sounds of the pieces. I realized at that moment that not everyone listens in the same way to the same piece. I also realized that I wanted to dedicate my life to understanding how different people hear differently. That took me on a scientific track, and I began studying psychology.”

Another moment that changed her life was the first time she heard a particular type of classical Indian music. “It was in 1979 in Rio de Janeiro,” Nakkach recounts. “My friend played

me a record of a dhrupad, a form of vocal music where there is very slow movement from one note to the next, microtonal. I realized the power of the spaces between notes.” Soon after that Nakkach moved to the San Francisco Bay Area to study with Indian master musician Ali Akbar Khan at his school in San Rafael. “I took classes there for twenty-nine years,” she adds. “I studied raga singing. Ragas are melodies that color the mind with emotion.”

In her studies, Nakkach has explored her many interests, completing master’s degrees in vocal performance and composition, music psychotherapy, education, and psychology. “I came to understand that what really moves people is the quality of sound. How we connect with the sound. How we touch the sound. I like John Cage’s statement that ‘Music is organized sound,’ except that I’d say, ‘Music is sound organized over time.’”

Nakkach became involved in teaching at CIIS through her friendship with the Institute’s cofounder, Bina Chaudhuri, and with Bina’s son, the musician Aushim Chaudhuri. Along with the Institute’s former Academic Vice President Ralph Metzner, Nakkach began teaching workshops in sound, voice, and music healing. There was so much demand for the classes that Public Programs & Performances expanded them into a nine-month certificate program in 2006, adding a faculty of instructors with different specializations.

“This is the music that makes me feel alive.”

“As designer of the curriculum, my main focus is to bring different voices to the program, from the south, north, east, and west of the globe,” Nakkach elaborates. “We expose people psycho-acoustically to different cultures of music,

including Western minimalism and new music; traditional music healing of the Tibetan, Hindu, and Chinese traditions; and Peruvian icaros from the Amazon rainforest. We have classes on the scientific side of music healing, how it’s being used to treat attention deficit disorder and in end-of-life care and pain management.” The program also draws on Nakkach’s personal archive of rare films, including field recordings of shamans using music to support healing.

Karen Justis, who took the certificate program, comments, “Silvia Nakkach is a great musician, she is brilliant, and she creates magic wherever she goes through facilitating gatherings of wonderful people. *(continued on page 17)*

RENOWNED CONSULTANT AND AUTHOR

Meihong Xu Joins Board of Trustees

Meihong Xu, venture capitalist consultant and bestselling author, has joined the CIIS Board of Trustees. “We’re so pleased that Mei Xu has become part of our board,” says CIIS President Joseph L. Subbiondo. “She brings to the Institute a reservoir of experience and enthusiasm that I believe will help us achieve great things.”

Xu was born in a tiny village in China called Lishi. When her grandmother, after more than a decade of trying to get pregnant, gave birth to a daughter, her grandfather was so disappointed that he traded the baby girl for a baby boy with a family that had four sons.

“My grandmother searched for that girl her whole life, but she never found her,” Xu recounts. The traded baby boy grew up to be her father.

“When I was born, my grandmother finally felt as if she had a daughter,” Xu explains. Xu’s own birth also involved an interesting story. Her mother was in labor for three days and lost a great deal of blood, and as a result, her grandmother named her Meihong—Beautiful Red, red being the color of victory and happiness in China.

Life in the village of Lishi was particularly difficult for females. “Not one girl in my family had even gone to elementary school,” Xu narrates. “When she was seven my mother tried to follow her friends to school, but when she’d been there one hour, her father came and pulled her out, saying that they couldn’t waste their resources on educating a girl.”

Xu was able to attend elementary school, but her parents were constantly saying she should be working in the fields. “I loved school, but each morning I worried it would be my last day in the classroom.”

Xu was such a strong student that her teacher and the headmaster convinced her parents to let her continue on to secondary school by waiving all fees and paying for her textbooks.

“I’m now fortunate enough to help others,” Xu remarks. “I want to do for other students what my teachers did for me.”

After Xu emigrated to the U.S.A. in 1990, she earned an MBA and worked at Apple Computer and Sun Microsystems. She became a board member of Tianji, often called the “LinkedIn of China.” Xu was a founding member of Softbank Asia Infrastructure Fund, where she and her team directed \$1.5 billion of venture capital to emerging technology providers in Asia. She was also a founding member of GIV Venture Partners, managing GIV’s Silicon Valley and Asia-related investments.

Xu underwent a spiritual transformation several years ago after reflecting on the twists and turns of her life. “I’ve made peace, and more,” she says. “For being a young girl who was not allowed to swim and was not encouraged to go beyond elementary education, I truly feel blessed. I appreciate the beauty during the process. I wouldn’t have done my life any other way.”

Xu hopes her background in China will help CIIS build bridges there, particularly in the field of psychology, which she finds fascinating. She’s hoping to stimulate interest in transpersonal psychology in China, and to encourage Chinese students to attend CIIS. Xu has already begun meeting with Chinese university administrators on behalf of the Institute. “I’m delighted how open to new ideas I’m finding people are now in China,” she describes. She feels the time is ripe for China and the U.S. to explore peaceful collaborations and connections. “The U.S. and China can now live lovingly and caringly with one another,” she maintains. Xu also hopes to generate support for CIIS in the Chinese American community, and among business people. ●



Meihong Xu



Carolyn Cooke

by Zack Rogow

Carolyn Cooke, the new chair of the master of fine arts programs at CIIS, began writing fiction almost as soon as she could grip a pencil. “For me, writing is consciousness,” she says. Cooke is the author of three critically praised books of fiction. She also teaches in the Writing and Consciousness MFA.

Cooke is excited about the new space that the Institute has made available this year for artistic interaction at CIIS, located at the south side of the Main Building on the fifth floor. The newly named Area 5 includes a dance studio, and workspaces for the visual and literary arts.

“Area 5 is a zone for collaboration among the MFA programs, The Arts at CIIS, and the new Center for Art and Social Justice,” Cooke explains. “We’re also developing a friendship with the program in Anthropology and Social Change, to encourage art-minded anthropologists and socially engaged artists to work together. We’d like the MFA programs to play a larger part in the life of the Institute. Toward that end, we’re offering a series of free, do-it-yourself workshops on Friday afternoons to anyone at CIIS, on topics

Faculty Profile: Carolyn Cooke

Chair: Department of Writing,
Consciousness, and Creative Inquiry

such as Video Creation and Promotion, Marketing Your Art with Integrity, Performance-Making, and Lucid Dreaming for Artists.”

A great many universities now host MFA programs, but Cooke feels the CIIS offerings are different. “It’s rare that visual artists, performers, and writers interact across arts disciplines in an academic setting,”

Cooke observes. “The programs are in the heart of San Francisco, where people come to press on the boundaries of what’s possible, and to challenge what’s come before. Our program is less about teaching a canon than it is about helping students discover their own aesthetic lineage.”

Professor Cindy Shearer, a writer, curator, and artist in text and image, brought the MFA programs to CIIS in 2008 and also chaired the department for its first five years.

“One of the things we’re working on now in the program is to become more a part of the landscape of the San Francisco area,” Cooke says. “Anne Bluethenthal, a dancer and choreographer who is a core faculty member in the MFA, is involved in projects in the Tenderloin and Mission neighborhoods, for instance.”

Cooke considers residence at CIIS as a great asset to an MFA that emphasizes consciousness and transdisciplinarity.

“I urge our students to take advantage of courses in philosophy and consciousness studies that they’d never find anywhere else,” she says. “I also want other departments to notice that we offer exciting, rigorous courses of general interest, such as writer and biologist Pireeni Sundaralingam’s classes in creativity, poetics, and cognitive science.”

“The programs are in the heart of San Francisco, where people come to press on the boundaries of what’s possible, and to challenge what’s come before.”

Cooke enjoys getting creative writing students to strive for goals they didn’t know they could ever hope to achieve. “It’s incredibly gratifying to be part of pushing, pressuring, and encouraging people to make something larger and more urgently important than they thought they could make,” Cooke muses. “Sometimes it’s a shock to students that they can complete an evening-length performance or a book-length project.”

All three of Cooke’s own book-length projects have won acclaim. Her first book, *The Bostons*, a volume of short stories, won the 2002-2004 PEN/Bingham Award and was a finalist for the PEN/L.L. Winship Award, and a runner-up for *(continued on page 15)*

JOY DEGRUY BRINGS INSIGHTS

on Race-Related Trauma to CIIS Community

Joy DeGruy, author of the thought-provoking book *Post Traumatic Slave Syndrome*, has recently played an important role at CIIS discussing her ideas and their implications for the healing professions. DeGruy has delivered lectures for Public Programs & Performances on the long-term impact of slavery and oppression on the African American community. She has also given trainings to CIIS faculty and psychology graduate students to help them work better with African American students and clients, respectively. All in all, more than 1,000 members of the CIIS community have attended events where DeGruy has spoken.

DeGruy, who teaches in the School of Social Work at Portland State University, defines her terms in her book: "Post Traumatic Slave Syndrome is a condition that exists when a population has experienced multigenerational trauma resulting from centuries of slavery and continues to experience oppression and institutionalized racism today." DeGruy goes on to spell out the effects of PTSS: underlying anger, racist socialization (internalization of discriminatory ideas), and vacant esteem.

"Vacant esteem is not to be confused with low self-esteem," DeGruy elaborates. "Vacant esteem is the result of long-standing dehumanization, where the basic underpinnings that produce our sense of self have been undermined."

DeGruy highlights the way that 246 years of slavery and the subsequent era of Jim Crow have impacted generation after generation of African Americans, and that the behavior and stressors of those experiences persist today. "It's not a disorder," she maintains, "it's a syndrome, a series of responses to a hostile environment that has persisted over an extended period of time."

One of the most moving sections of her book is a quotation from a slave narrative written by Henry Bibb in 1849: "Who can imagine what could be the feelings of a father and mother, when looking upon their infant child whipped and tortured with impunity, and placed in a situation where they could afford it no protection." DeGruy goes on to show how many behaviors among African Americans developed as adaptations to these conditions.

DeGruy was inspired to write her book on PTSS after years of study, and after a trip she took to Southern Africa, where she experienced a profound sense of normalcy being Black. "In many parts of Africa," she recalls, "the everyday greeting can be translated as 'I see you.' Consider what that symbolizes. In the U.S., Black people are often invisible and ignored."

She recounts an episode that took place shortly after her return to her home in Portland, Oregon, where an African American child threatened to beat up her son right outside their house. DeGruy intervened and discovered that the young man was angry with her son simply for looking at him. "Africa was saying to me, 'I see you.' African Americans were saying, 'What you lookin' at?' The young man was looking

at my son, who is also Black. Seeing himself reflected back, he hated it. I knew this went deeper than what I saw on the surface. That's when I realized I had to write this book, to uncover the causes of that behavior."

One of the points that DeGruy emphasizes in her book and in her trainings is that relationship is

primary in the African American community. How does that affect the relationship between a health practitioner and a client, for instance?

"We are taught as practitioners that we need to maintain a professional distance with our clients, and that's true," says DeGruy. "But we do need to have a sense of equality in the room. The sense of equality is the foundation of relationship."

DeGruy underlines the way that clients are often treated in a subordinate way by licensed professionals. Taking the part of the client, DeGruy says, (*continued on page 23*)



Joy DeGruy

**"The sense of equality
is the foundation
of relationship."**



Peter Baumann, founder,
Baumann Foundation

Baumann Foundation Donation Supports CIIS Scholarships

The Baumann Foundation has granted a total of \$20,000 for the Baumann Scholarship Program at CIIS. Since its inception during the academic year that started in 2010, the Baumann Scholarship Program has supported seven doctoral students whose dissertations explore consciousness from a bio-psychological and evolutionary perspective.

Recipients receive \$2,500

scholarships through the Baumann Foundation, which are matched by CIIS. The Baumann Scholarship selection committee is comprised of Ian Grand and Kaisa Puhakka, with final selection of the recipients made by Peter Baumann.

"The CIIS community gives its thanks to the Baumann Foundation for this generous scholarship, as well as for its prior gift of \$100,000 to establish the Baumann Foundation Collection on Bio-Psychological Evolution and the Evolution of Consciousness at the Laurance S. Rockefeller Library," says CIIS President Joseph L. Subbiondo.

The Baumann Foundation was founded by CIIS trustee Peter Baumann and his wife, Alison Baumann. The foundation is dedicated to the exploration and support of optimal human well-being. The Baumann Foundation researches the nature of the human experience from an evolutionary, scientific, philosophical, and contemplative perspective, and has as its main focus an initiative called Being Human, a web-based magazine and community. For more information on the foundation and the Being Human initiative, visit www.thebaumannfoundation.org. ●

MCJ AMELIOR FOUNDATION GIFT

Supports Program in Drama Therapy



Theatre for Change production

The MCJ Amelior Foundation has renewed its support for the Drama Therapy program with a \$6,500 grant for the 2013–2014 academic year. The foundation's award will support the new production of

Theatre for Change, the Drama Therapy program's performing arts project where students develop and stage plays on social issues. The grant will also fund scholarships for students in the CIIS Drama Therapy program.

"We are extremely grateful to the MCJ Amelior Foundation for their consistent and generous support of our program," says

Renee Emunah, chair of Drama Therapy. "We feel that they truly recognize our goals, passions, and work."

The MCJ Amelior Foundation has donated regularly to CIIS, with gifts totaling \$36,500 since 2006. Grants have supported four original Theatre for Change productions (in 2007, 2008, 2010, and 2011) and numerous scholarships awarded through the MCJ Amelior Foundation Scholars Program.

At the recent North American Drama Therapy Association (NADTA) conference, the CIIS program received the Raymond Jacobs Memorial Award, which is given "in recognition of outstanding dedication to diversity in the field of drama therapy, through advocacy; championing a diverse membership; or working to increase skill, awareness, and cultural competence." In her letter announcing the award, NADTA President Nadya Trytan wrote, "Congratulations on this well-deserved honor, and thank you for the wonderful work that Theatre for Change is doing to build connection and social justice in communities." ●

The Arts at CIIS

Receives Cal Humanities Grant for Arts Project on Iranian Students in California

Cal Humanities (formerly California Council on the Humanities) has awarded a \$10,000 Community Stories grant to The Arts at CIIS to support the creation of *Theories of Survival: Fabrications*, an art project by Taraneh Hemami. Hemami is collaborating on the project with faculty and students from the CIIS Anthropology and Social Change program.

"We are extremely grateful for the support of Cal Humanities in the realization of Taraneh Hemami's project," says Deirdre Visser, curator of The Arts at CIIS. "In the spirit of their California Stories fund, *Fabrications* focuses on the largely invisible stories of the Iranian student dissident movement of the 1960s and 70s. By engaging the passions, commitments, and disappointments of grassroots participants, the project reframes a

national relationship to Iran that brings the aspirations of the Iranian people to the fore."

With curator Deirdre Visser, and with faculty and students, Hemami is blending the disciplines of historical analysis, ethnographic inquiry, and visual art production to investigate the activism of the Iranian Students Association of Northern California (ISANC) in the Bay Area during the 1960s and 70s. *Theories of Survival: Fabrications* is contextualizing ISANC activism as both part of and distinct from simultaneous dissident movements of the Bay Area counterculture, including the civil rights, antiwar, feminist, human potential, and environmentalist movements from which CIIS itself emerged. The project is collecting personal histories; exploring



Taraneh Hemami, book covers from "Theory of Survival: Resistance," crushed glass and adhesives on board, 2013

experiences of immigration and dissent; and culminating in a public panel discussion, an accompanying publication, and an exhibition of research materials at CIIS.

Community Stories is a competitive grants program that supports story-based public humanities projects that collect, preserve, interpret, and share the stories of California communities past and present. ●

SHAKESPEARE

(continued from page 3)

Other themes that struck a chord for the cast were the questions of anti-Semitism and prejudice. "The act of being turned into an 'other' was something the men spoke about a lot," Moody recalls.

In fall 2013, the three CIIS students who took part in *The Merchant of Venice* volunteered to continue to work with the same group of inmates to help them create and act in a performance that dealt with autobiographical material related to the themes of Shakespeare's play. This show, entitled *Parallel Play: Original Theater Inspired by The Merchant of Venice*, was part of an ongoing program spearheaded by Keating, who felt the men in the Shakespeare program could use theater to go deeper into their personal stories.

Students from the Drama Therapy program have been participating in the Marin Shakespeare Company's performances at San Quentin for four years. Suraya Keating has been instrumental in involving CIIS students in the project. Keating also provides ongoing internship opportunities for Drama Therapy and Expressive Arts Therapy students at Alameda Juvenile Hall (www.suraya.org).



Suraya Keating

"One of the things that drama can do—one of the things it's done for me—is awaken other possibilities about who each of us can be," says Kriss. "This opportunity for experimentation and transformation has been profound in my personal experience, and I have witnessed its power in the group process at San Quentin as well." ●



Noor Najafi

Student Profile:

Noor Najafi

Integral Counseling Psychology (ICP)

First recipient, Paul Herman and Vern Haddick Scholarship

Integral Counseling Psychology student Noor Najafi has been named the first recipient of the Paul Herman and Vern Haddick Scholarship, given to a student working with the LGBTQ community.

"I feel honored to be the first to get this scholarship," Najafi enthuses. He is particularly interested in the psychology of relationships, and for that reason as well, he greatly values the namesakes of the scholarship. Herman and Haddick were a couple who were both deeply involved in CIIS. Herman cofounded the ICP program in the early 1970s, and Haddick started the CIIS library and taught in ICP. "To me, Paul Herman and Vern Haddick modeled a sacred relationship," Najafi explains. During the year he receives the scholarship, Najafi hopes to offer group therapy workshops to LGBTQ clients, exploring relationship issues.

Noor Najafi grew up in Gainesville, Florida, and attended college at Emory University in Atlanta, so he jumped at the opportunity to go to graduate school at CIIS in the San Francisco Bay Area. "I wanted to be in a place where I felt comfortable to be myself and to do the kind of work that really interests me," he comments. "CIIS is an academic community where I can bring many parts of myself to the table, including my interests in spirituality and in leadership. The Institute welcomes people as they are. I haven't found another place like it."

Najafi was also drawn to the type of psychology taught at CIIS: "For me, the ICP program is a kind of homecoming. The word 'psyche' originally meant 'soul.'" Najafi sees the ICP curriculum as offering a complex view of psychology. "Much of contemporary psychology is focused on the study of the brain and on the wiring of neurons and on chemical reactions—that's

valuable, I want to study that, but psychology is rooted in something more subtle, I find," he adds.

In addition to his studies in ICP, Najafi has offered workshops to students at CIIS. The workshops focus on Belvaspata, a guided meditation. "Belvaspata is a global healing modality for our time," Najafi elaborates. "It integrates the power of sacred symbols, sound healing, and the alchemy of light and frequency." Najafi taught the workshops to students on a regular basis throughout the 2012–2013 academic year, in addition to pursuing full-time studies.

In the ICP program, Najafi particularly enjoys the work that students do in dyads, where pairs of students focus together on behavior patterns. "Every time we do that I realize that we're all in this together," Najafi reflects. "What we yearn for is fundamentally the same—the desire for respect, love, understanding, and being heard."

He sees the skills he is learning in ICP applying in many areas of life. "For me this program is not just about getting a degree," states Najafi. "It's a chance to learn about human relationships and dynamics, and to

move out of wounded patterns and dysfunctional ways of relating. It's a tremendous opportunity to look at myself and to look at my own patterns, and to see where I can bring the light of healing to myself and others."

After he finishes the ICP program in spring 2014, Najafi is considering a doctoral degree. "I majored in religion as an undergraduate," Najafi recalls, "and now I'm studying psychology in graduate school. I'd like to find a program where I can blend my interdisciplinary interests and draw those out into the world."

To make a donation to the Paul Herman and Vern Haddick Scholarship Fund, please contact Dean of Alumni Richard Buggs at rbuggs@ciis.edu or 415.575.6116.

"CIIS is an academic community where I can bring many parts of myself to the table."

THANK YOU FOR YOUR SUPPORT

As CIIS celebrates its forty-fifth year, the Institute is pleased to recognize all those members of its extended community who made gifts during the 2012–13 academic year. Numbering nearly 400, these generous donors represent every segment of the CIIS community, including alumni, students, trustees, faculty, staff, and friends; as well as foundations, corporations, businesses, and supporting organizations.

Together these donors contributed more than \$1.2 million, another great year for philanthropy at CIIS. Donors supported a variety of programs, including scholarships, research, academic and public programs, the counseling centers, the arts, and the Haridas and Bina Chaudhuri Library Collection.

All gifts to CIIS, whatever their size and purpose, are deeply appreciated since they contribute to the Institute's excellence and expanding scope of influence. For questions about the Honor Roll of Donors, or to inquire about making your own gift to CIIS, please contact Dorotea Reyna, director of development, at 415.575.6135 (dreyna@ciis.edu). Thank you for your generous gifts!

Honor Roll of Donors

FOUNDER'S CIRCLE (\$20,000 or more)

Anonymous
The Baumann Foundation
The California Wellness Foundation*
City and County of San Francisco Department of Public Health*
Daphne Crocker-White and Anthony White**
Navin and Pratibha Doshi*
The Hareesh and Joan Shah Family Fund*
John Paul Lenney, MA (ICP) '81 and Mary Pax Lenney**
Robert Matta, MA (ICP) '01, PhD (EWP) '04**
Nalanda International*
Kanwal S. and Ann Rekhi*
Brenda Sanders*
State of California Department of Mental Health

BENEFACTORS (\$10,000–\$19,999)

Cal Humanities
Lisa and John Pritzker Family Fund*
Ashok and Hansa Narasimhan*
Ricki Pollycove**
Samuel B. Hanser Memorial Trust*
United States Department of Veterans Affairs*

PATRONS (\$5,000–\$9,999)

Amoebe Music
Margy Boyd**
Helen and Rajnikant Desai**
Jesse Estrin, MA (PCC) '11
Kal and Carol Krishnan*
Rose Lavandero
The MCJ Amelior Foundation**
Rockefeller Financial Services, Inc.**
The Small Change Foundation*
Joseph L. Subbiondo**
TM Financial Forensics
Harry P. Trueheart III
Ashok and Gita Vaish**
Vartain Law Group

PRESIDENT'S CIRCLE (\$2,500–\$4,999)

Cultural Integration Fellowship**
Esalen Institute**
The Frederick Lenz Foundation
Terry Pennebaker and Douglas Woodard
Meili Pinto, PhD (TLR) '98 and Michael Pinto, PhD (ISD) '96**
Technology Credit Union
Wells Fargo Foundation

PARTNERS (\$1,000–\$2,499)

Association of American Colleges and Universities
Fran Bak and Al Brundage**
Barclay Investments, Inc.**
Shankar and Kamlesh Bhattacharya**
Keith Cich, MA (PCC) '02**
Clear Channel Outdoor
Ernest Christian Klipstein Foundation**
Frane Franicevic, PhD (EWP) '88 and Janae Franicevic**
Richard Giardina**
Peggy Gove, PhD (WSD) '99 and Jack Grove**
Lixin Huang
Karen Justis*
Ginny S. Lin, PhD (ACS) '09**
Melanie MacKerel
Tamar March**
Ramakrishna Movva, PhD (TLR) '02

Shipra Chaudhuri Narruhn**
Rita Chaudhuri Pease and Terrence Pease**
Dorotea Reyna**
Brian and Denise Swimme**
Union Bank**
United States Institute of Peace
Prasad and Varsha Vepa**
Keith W. Weaver, CER (IHL) '97
Judie and Howard Wexler**

ASSOCIATES (\$500–\$999)

Anne Adams, PhD (TLC) '06**
Bahman A.K. Shirazi, CER (ODT) '87, PhD (EWP) '94**
Ruby Allen, PhD (EWP) '02**
Alzak Amlani
Apple, Inc.

Stephen D. Arnold, MA (PSY) '74, PhD (EWP) '77*
Jill Benioff, PsyD (CLN) '07
Fariba Bogzaran, MA (EWP) '89, PhD (EWP) '95 and Daniel Deslauriers**
Richard Buggs, PhD (CLN) '96**
Eugene Cash, MA (ICP) '90**
Archana and Ramen Chakrabarti**
Mary Costello, MA (IHL) '06
Stuart Diamond**
J. Elena Featherston
Vern Haddick
Michael S. Hebel, MA (ACS) '06**
Indo-American Chamber of Commerce**
Sandra Ingerman, MA (ICP) '82
Eahr Joan, MA (WSE) '00**
Saundra L. Kiriluk and David P. Snyder*
Robert and Ellen McDermott*
Barbara Morrill*
Eric J. Murphy, MA (SCA) '98**
Janis Phelps*
Jonathan Pofsky, MA (SOM) '01 and Julie Pofsky
Arisika Razak**
Jim Ryan and Benita Kline*
The San Francisco Foundation*
Barbara Schlumberger, MA (ICP) '94 and Jacques Schlumberger*
Roxana Wales, PhD (EWP) '94**
Anna Yang, MA (WSE) '97 and Frank Yang**

INSTITUTE CIRCLE (\$250–\$499)

Irene E. Bradford, PhD (CLN) '99*
Michael DeVito
Lisa Dolby Chadwick
Wilson Essien, PhD (ISD) '02
Donna Fraser, MA (PDT) '95 and Michael Klein, PhD (CLN) '95
Linda B. Goldstein, CER (EXA) '96 and Chip Goldstein**
IBM International Foundation
Meg Jordan, MA (WSE) '96**
Other Avenues Food Store
Glenn Parry, MA (EWP) '93, PhD (TLC) '09 and Tomoko Parry*
Jo Ann Prompongstorn
Carol Schira, MA (ICP) '95**
Debra Varner, MA (HOT) '01*

Honor Roll of Donors 2012–2013

ADVOCATES

(\$100–\$249)

Anonymous
Michael D. Babel, MA (PCC) '09
Parminder Bajaj*
Jonathan Canick
Rebecca Carabez
Rita Anne Casey, PhD (EWP) '98*
Susan Christy, PhD (COU) '94**
Peter Coukoulis, PhD (PSY) '75*
Sandra Doyle
Betsy Duerr, BA (BAC) '00 and Robert G. Duerr**
Edie Farwell, MA (SCA) '90*
Dwight A. Gaudet, MA (PCC) '04**
Janet Gillis, PhD (PAR) '08
Kathy Gower, BA (BAC) '96
Josh Gressel, MA (ICP) '88, PhD (CLN) '95 and Noga Gressel**
Dan Gurler
Heather C. Hawkins, PhD (CLN) '05
Catherine Hickey, MA (ICP) '08
Renato Hortinela*
Margie Jamin, MA (ICP) '92*
Don Hanlon Johnson*
Jean Johnson, PhD (EWP) '78**
Toby Johnson, PhD (COU) '78 and Kip Dollar
Lori Jones, BA (BAC) '00
Timothy Jones, BA (BIS) '07
Joseph Kent, CER (YDIS) '76, PhD (COU) '83
Sandra Larragoiti
Karen Martin, MA (ICP) '95 and Glenn Martin
Seana Joan McGee, MA (ICP) '90 and Maurice Taylor, MA (ICP) '90*
Kay McNamara, MA (ICP) '05 and Steve McNamara
Beth J. Miller, MA (ICP) '88, PhD (CLN) '93*
Don Pologruto
Rainbow Grocery Cooperative, Inc.
Gary Raucher, MA (PDT) '99**
Charles Michael Regets, PhD (CLN) '90 and Ellen Termine*
Sandy Roos, MA (ICP) '94 and David Roos
Vernice Solimar, PhD (EWP) '86**
Bob Stahl, MA (ICP) '80, PhD (PAR) '89 and Jan Landry
Tina Stromsted, PhD (TLR) '00*
Richard Tarnas*

David J. Thomson, MA (ICP) '80, PhD (COU) '87
Peter Tjan, MA (EWP) '98 and Luce Mijares
Deborah Voosen, MA (HOT) '01 and John Voosen*
Herman White, Jr.
Georg Wieselthaler, M.D.
Charles Wilmoth*
Uncheedah Wilson, PhD (COU) '89**

FRIENDS

(Up to \$99)

Anonymous
Sharon Adams
Brian M. Aho, MA (PDT) '10*
Michael S. Aho, MA (PDT) '10*
Toni Alejandria
Elizabeth Allison
Laura Amazone
Thomas L. Armstrong, PhD (EWP) '87 and Barbara A. Turner, MA (ICP) '87, PhD (TLM) '98
Chanelle Aryasingha, MA (ICP) '12
Gerri Ashton, BA (BIS) '10
Jocelyn Audet
Susan Barlettani
Madhu Batheja, MA (ICP) '93*
Lindsey Beaven, MA (EXA) '06*
Micky Becker
David T. Berger, MA (SOM) '94 and Carol-Anne L. Wang
Karen A. Berg-Smith, CER (EXE) '07 and Steven M. Berg-Smith**
Dale Berry
Eduardo Bettencourt
Sandra Beyerle, PhD (CLN) '97 and Thomas Beyerle**
Bi-Rite Market
Ninva Bitmansour
Mary Blizzard, BA (BAC) '00
Barbara Block
Anne Bluethenthal
Alessandra Bosco
Ashanti Branch
Nathaniel Brengle
Jacelyn Bronte
Susan and William Buchholz
Danielle Burnette, MA (EXA) '12
Stacey Butcher
Abby Caplin, MA (ICP) '02*
Megan Carney

Kate Carter
James Cartwright
Patrick Casey
Felix Chak
Susan Chen, MA (ICP) '03
Ya-Huei Chi, MA (PDT) '13
Nina Chong
Bruce Coddling
Renee Colby
Amber Cook
Evelyn Cook
Amy Cooper
Paul Cosulich, MA (ICP) '12
Mary Jane Covell, MA (ICP) '12
Christine Culver
Teresa Currivan, MA (PDT) '03
Vergilia Dakin, MA (ICP) '99 and Henry Dakin
Judy Davis
Charles J. Dawes, MA (PAR) '75, PhD (PAR) '77**
Frank DeLuca, MA (ICP) '94, PhD (IWP) '01**
Patrice Delanty
Claire-Elizabeth DeSophia
Theo Devine, MA (ICP) '12
Karen Diggs
Marina Dold
Melinda Douglass, PsyD (CLN) '10
Robert C. Duchmann, MA (ICP) '91 and Miranda MacPherson
David Dugan
Julia Duncan
Derethia Duval
Nico Eichlseder
Iris Eisenlohr
Julia Ellis MA (EXA) '12
Renee Emunah**
Urusa Fahim, CER (ODT) '00, PhD (TLR) '02
Eman Fallah, PsyD (CLN) '07
Seth Farber, PhD (COU) '84
Reza Farhang
Bill Faust, CER (ODT) '96**
Stuart Feinhor, MA (ICP) '91
Rhonda M. Felzmann, MA (ICP) '96**
Amber Field
Barbara Fillips, MA (ICP) '90*
Carol Fischer, MA (EWP) '89 and Ira Fischer**
Charles Fouts

Yuko Franklin, PhD (EWP) '93**
Shannon Frediani, BA (BIS) '12
Neil Freese
Lauren Freitas
Francia Friendlich*
Pam Gaffney
Maureen Gallagher
John Galloway
Joachim Garson, MA (ICP) '12
Suzanne Gauthier-Pin
Robert Gill, BA (BIS) '11
Paul Gleiberman
Veronika Gold, MA (ICP) '09
Rae Ann Goldberg, MA (EXA) '00*
Diane Castiglioni Gribben, MA (EWP) '90
Clare Griffith
Michael Grofe, MA (SCA) '98
Douglas Grue
Debbie Guaydacan
Theresa Guy Moran
James Hanna, MA (EWP) '89
Amos Hausman-Rogers
Frances Haynes
Darcie Henning
Patrick Herms, MA (CMHW) '12
Judy Hess**
Hayden Hicks
Kynattah Hill, BA (BIS) '13
Simon Hodson, MA (ICP) '05
Cynthia Hsu
Clark Hsu
Israel Hurtado
Elliott Isenberg, PhD (COU) '83**
Prakash Iyer
Genee Jackson
Candice Jacobs
Elke Jahn
Julie Jay
Katie Jeane
Michael Jeung
Connie A. Jones
Emilio Juri
Esther Jacobs Kahn
Suzy Karasik, CER (IHL) '93, MA (SOM) '93
Suraya Keating, MA (EXA) '00
Marcus Keil
Ariah Keller

Honor Roll of Donors 2012-2013

Sumedha M. Khanna, CER (IHL) '96
and Steven G. Serdahely**

Dennis Kiley MA (ICP) '10

Jerrold Kimmel MA (IHL) '08

David D. King, MA (SCA) '95**

Kathleen Koenigs

Jessie Kostosky, MA (PCC) '07
and Walter Tanner

Gretchen Krampf

Nancy Krebs

Anasuya Krishnaswamy

Laurie Krsmanovic

Adrian Lania

Patricia Layton, MA (IHL) '99

Colleen Elgin, MA (HOT) '02

Beth Leib

Vivian Lin, BA (BIS) '06, MA (EXA) '10

Deanne and John Lindstrom

Karen Liu, MA (ICP) '13

Christina Lonziso

Jerry Lyons

Melissa Mahar

Kwala Mandel

Ann Mannes

Francisco Marquez

Jeffery Martin, PhD (TSD) '11

Rachel Roanna Matillano, BA (BIS) '13

Dianna Mays

Teresa D. McGlashan, MA (ICP) '03

Mark McKinley, PsyD (CLN) '12

Anne Menne

Arlene Metrick

Deborah Meyer

Carol Michelson, MA (ICP) '06

Pierrette Montroy, BA (BAC) '03

Rene Morten

Stephanie Newsom

Mahyar Nili, MA (EXA) '13

Margo Noble

Nancy Nothhelfer, PsyD (CLN) '02

Margaret E. O'Brien, O.P.,
PhD (TLC) '99**

Patricia Padgett

William Pattengill

Kala Perkins

Alexander Petrov

Ron Pilato, MA (ICP) '97

Jake Pollack, MA (IHL) '06*

Colin Polnitsky

Jocelyn Porquez

Demian Quesnel

Kim Ragland, MA (ICP) '87**

Gina Nobuko Ramos, MA (SOM) '03

Stephen Randall, MA (ICP) '75,
PhD (ICP) '79

Robbin Rasbury

Deborah Reed

James Reed

Laura Rifkin, MA (ODT) '00,
PhD (ISD) '03

Melissa Riley

Holly Roberts, PhD (PAR) '05*

Antonia Ruiz-Koffman

Lee Safran, MA (ICP) '95

Judith Saldamando

Kelle Sanders

Isabel Santis, BA (BIS) '12,
MA (TLD) '13

Susana Sharp

Jennifer Sharpe, MA (ICP) '12

Shirin Shoi, MA (ICP) '13

Susan Siep

Jerry A. Sierra, BA (BIS) '09

Shoshana Simons

Jeremy Sinkinson, MA (ICP) '11

Minna Sivola

Sandra Sked

Sequoia Sky

Dustin N. Smith, MA (GES) '13

Vicky Smith

Darcie Spence, MA (SOM) '01

Steven M. Star, MA (PAR) '75
and Carol Brodsky

Star Grocery

Kim Stiles, PhD (PCC) '07

Angie Stone

Jeanne Sutton, MA (ICP) '11

Gal-Amir Szekely, MA (ICP) '10

Valerie Tate, MA (EXA) '04

Oralie Templeton

Julie Terreciano

Beatrice Theodorou

Mark Thomas

Kay Thompson

Gary Topper

Trader Joe's

Genevieve Tregor

Laurie Troyer, MA (ICP) '94

Sharon Turner

Eric van Leeuwen

Anne Veh

Annemarie Voegeding

Lynda Wadsworth

Ders Walsh

Robyn Watanabe

Julia Weaver, MA (ICP) '88

Phillip Weglarz, MA (EXA) '06

Susan Weiss, MA (ICP) '87 and Roger
Marsden, MA (ICP) '85, PhD (CLN) '01*

Kerri Welch, MA (PCC) '04

Marcia Wesley, PsyD (CLN) '94**

Brenda West

Jonathan Westphal, MA (ICP) '88

Newton White III

Glen Williams, PhD (CLN) '99**

Linda Wilson

Hin Lan Wong

Robert Wright, PhD (TSD) '13

Sue Yeoh

Anne Yeomans, MA (ICP) '82
and Thomas Yeomans

Ingrid Zimmermann, MA (ICP) '94

CORPORATIONS AND BUSINESSES

Amoeba Music

Apple, Inc.

Barclay Investments, Inc.**

Bi-Rite Market

Clear Channel Outdoor

IBM International Foundation

Kal Krishnan Consulting
Services, Inc.*

Other Avenues Food Store

Rainbow Grocery Cooperative, Inc.

Rockefeller Financial Services, Inc.**

Star Grocery

Suncé Winery & Vineyard**

Technology Credit Union

TM Financial Forensics

Trader Joe's

Union Bank**

Vartain Law Group

FOUNDATIONS

Anonymous

The Baumann Foundation

The California Wellness Foundation*

The Haresh and Joan Shah
Family Fund*

Ernest Christian Klipstein
Foundation**

The Lenz Foundation

Lisa and John Pritzker Family Fund*

The MCJ Amelior Foundation**

Nalanda International*

Samuel B. Hanser Memorial Trust*

The San Francisco Foundation*

The Small Change Foundation*

Wells Fargo Foundation

HERITAGE SOCIETY

Fariba Bogzaran, MA (EWP) '89, PhD
(EWP) '95 and Daniel Deslauriers**

Margy Boyd**

Irene E. Bradford, PhD (CLN) '99*

Richard Buggs, PhD (CLN) '96**

Helen and Rajnikant Desai**

The late Lillian Foote

Victor Nikeforos Goulet,
MA (EWP) '06

Tricia Anne Grame, PhD (WSE) '01

Elliott Isenberg, PhD (COU) '83**

Eahr Joan, MA (WSE) '00**

Carl Marsak, MA (GES) '03

The late Bruce Mazet

Ricki Polycove**

Martha Radetsky, MA (ICP) '96

Steven Tierney

SUPPORTING ORGANIZATIONS

Association of American Colleges
and Universities

Bay Area Rapid Transit (BART)

Cal Humanities

City and County of San Francisco
Department of Public Health*

Cultural Integration Fellowship**

Esalen Institute**

Indo-American Chamber of
Commerce**

State of California Department of
Mental Health

United States Department of
Veterans Affairs*

United States Institute of Peace

IN MEMORIAM

A. Kelleen Nicholson Memorial
Scholarship Fund
Jessie Kostosky, MA (PCC) '07
and Walter Tanner

Honor Roll of Donors 2012–2013

Asia Cummings Endowed Memorial Scholarship Fund
Ernest Christian Klipstein Foundation**

Pamela and David Smith**

Carol Ann Wang Endowed Scholarship Fund
Meili Pinto, PhD (TLR) '98 and Michael Pinto, PhD (ISD) '96**

In Memory of Richard Arthur Victoria Smith

In Memory of Dr. Mary Curran
Bill Faust, CER (ODT) '96**

In Memory of Fran Goldberg
Lindsey Beaven, MA (EXA) '06*

Karen E. Trueheart Memorial Scholarship Fund
Harry P. Trueheart III

Paul Herman and Vern Haddick Scholarship Fund
Thomas L. Armstrong, PhD (EWP) '87 and Barbara A. Turner, MA (ICP) '87, PhD (TLM) '98

Joan Barbour, MA (ICP) '86

Eugene Cash, MA (ICP) '90**

Helen and Rajnikant Desai**

Stuart Feinhor, MA (ICP) '91

Barbara Phillips, MA (ICP) '90*

Vern Haddick

Sandra Ingerman, MA (ICP) '82

Toby Johnson, PhD (COU) '78

and Kip Dollar

Joseph Kent, CER (YDIS) '76, PhD (COU) '83

Lee Safran, MA (ICP) '95

Bob Stahl, MA (ICP) '80,

PhD (PAR) '89 and Jan Landry

David J. Thomson, MA (ICP) '80,

PhD (COU) '87

Susan Weiss, MA (ICP) '87 and Roger

Marsden, MA (ICP) '85, PhD (CLN) '01*

Samuel Benjamin Hanser Memorial Scholarship Fund

Samuel B. Hanser Memorial Trust*

LIFETIME DONORS

\$1,000,000 or more

Anonymous

City and County of San Francisco
Department of Public Health*

The late Bruce Mazet

The late Catherine A. Mazet

Robert Mazet, Jr., MD

The late Laurance S. Rockefeller

\$500,000–\$999,999

Anonymous

Robert J. Barnhart

\$250,000–\$499,999

The California Wellness Foundation*

Navin and Pratibha Doshi*

The Fetzer Institute

Elizabeth J. McCormack and
the late Jerome I. Aron**

State of California Department
of Mental Health

\$100,000–\$249,999

The Baumann Foundation

Sherry and Ron Auen Berger

Ernest Christian Klipstein
Foundation**

Daphne Crocker-White
and Anthony White**

Robert Graham, MA (PCC) '99
and Wendy Graham

The Hareesh and Joan Shah
Family Fund*

Intercultural Institute of California

The late Roxanne B. Lanier

Lisa and John Pritzker Family Fund*

Michael Marsh

Robert Matta, MA (ICP) '01,
PhD (EWP) '04**

Leslie Meehan, PhD (PCC) '10/
Wisdom Mountain**

Arvind and Renuka Relan**

The San Francisco Foundation*

Pamela and David Smith**

Tides Foundation

Marion R. Weber/The Flow Fund

\$50,000–\$99,999

Anonymous

Shankar and Kamlesh Bhattacharya**

Judith Baker Brown, BA (BAC) '96

Andre Carothers

The late Bina Chaudhuri

Keith Cich, MA (PCC) '02**

Helen and Rajnikant Desai**

Judith Braber Kenney

Bokara Legendre/Tara Foundation

John Paul Lenney, MA (ICP) '81 and
Mary Pax Lenney**

Norma and David Lewis

Frederick F. Moon III/
Surdna Foundation

Magan C. Patel and Marilyn Hall Patel

Ricki Pollycove**

The late Rajendra Prasad

Kanwal S. and Ann Rekhi*

Tony B. Rich

Rockefeller Financial Services, Inc.**

Diana Lynn Stark, PhD (IND) '06
and J. Stuart Francis

Thomas Berry Foundation

Threshold Foundation

Union Bank**

Zeppelin and S.K. Wong

2013 CIIS Board of Trustees

PETER BAUMANN, Founder, The Baumann Institute

MARGY BOYD, Owner, Margy Boyd Art Tours

KEITH CICH, Principal, Pacific Rim Capital

FANIA E. DAVIS, Executive Director, Restorative Justice for Oakland Youth

LYDIA NAKASHIMA DEGARROD, Faculty of Critical Studies and Diversity Studies,
California College of the Arts; Visual Artist and Cultural Anthropologist

HELEN DESAI, Civic Leader

STUART DIAMOND, President, Empowered Media Corp.

RICHARD GIARDINA, Associate Provost (Ret.), San Francisco State University

LIXIN HUANG, President, American College of Tradition Chinese Medicine

KISHORE KRIPALANI, Owner, Gaylord India Restaurants

ROSE LAVANDERO, Corporate Community Relations Liaison,
TM Financial Forensics LLC

JOHN PAUL LENNEY, Senior Vice President, ALEKS Corporation

TAMAR MARCH, Senior Fellow, Association of American Colleges and Universities;
Founder & Director, The Arden Institute

ELIZABETH MCCORMACK, Associate, Rockefeller Family & Associates

ASHOK NARASIMHAN, Parallel Entrepreneur

RICKI POLLYCOVE, MD OBGYN, California Pacific Medical Center

ARVIND PETER RELAN, Chairman, YouWeb, LLC

SERGIO RODRIGUEZ-CASTILLO, Assistant Professor,
Integral Counseling Psychology

BRENDA M. SANDERS, President, Brenda Sanders & Associates

MATTHEW SEGALL, Student, Philosophy, Cosmology and Consciousness, CIIS

JOSEPH L. SUBBIONDO, President, CIIS

PRASAD VEPA, Retired Executive

DAPHNE CROCKER-WHITE, Clinical Psychologist, Writer

ZEPPELIN WONG, Attorney at Law

MEIHONG XU, Author and Investor

OFFICERS

JOSEPH L. SUBBIONDO, President

KEITH CICH, Chair and Treasurer

RICKI POLLYCOVE, Vice Chair

JUDIE WEXLER, Secretary, Academic Vice President and Dean of Faculty, CIIS

CHROMA

Publication Series Launched

The Arts at CIIS has initiated an ambitious publications series, highlighting the work of emerging, mid-career artists of African, Latino, Native American, Middle Eastern, North African, Asian, and Pacific Island heritage who use photography and lens-based media. Called the CHROMA series, the publications project is committed to narratives and viewpoints often invisible in contemporary photobooks.

"This series promises to mine the book form's potential for complexity and diversity," comments Tate Shaw, director of the Visual Studies Workshop in Rochester, New York.

The first four books in the series are:

Oscar Palacio, *American Places*

Wendel White, *Manifest*

Deborah Jack, *Evidence*

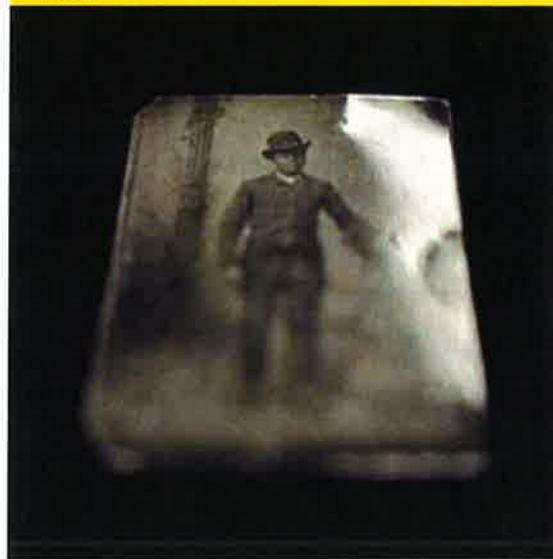
June Yong Lee, *Skin*

All four of the books are linked to art exhibitions that have taken place over the last three years at CIIS as part of the CHROMA project. The series is directed by Deirdre Visser, curator of The Arts at CIIS; and edited by Carla Williams, a leading scholar in the field and assistant professor at RIT School of Photographic Arts and Sciences.

To purchase copies of the books, or for more information on the project, visit www.ciis.edu/chroma. ●



Photos by Wendel White from *Manifest*, the monograph on his work in the CHROMA series: "Tintypes, Fenton History Center, Jamestown, New York"



CAROLYN COOKE

(continued from page 6)

the PEN/Hemingway Prize. It was named one of the best books of the year by the *New York Times* and the *Los Angeles Times*. "My first book explored class and economics in New England, where I grew up," Cooke comments. She spent her youth partly in Bar Harbor, Maine, and partly in Boston.

Her second book, a novel entitled *Daughters of the Revolution*, deals with a prep school in New England during the late 1960s and the aftermath of that period. The reviewer in the *Boston*

Globe wrote: "Cooke writes with such delicacy and control, such luminous warmth, that the only disappointment comes when the book ends." For the author, the book represents "my attempt to grapple with the social issues that were in the air when I came of age, from coeducation of elite institutions, to integration, to the sexual revolution as it so interestingly and briefly played out in New England."

In Cooke's third book, *Amor and Psycho*, a story collection released in August 2013, she writes about the West Coast. "I've lived in Northern California for twenty-two years," she reflects. "I feel as if I've finally

metabolized it enough to write about it." The characters in the book often have a complicated relationship to love, lust, desire, and violence.

Cooke's theories about writing fiction are different from many writers: "I'm not interested in explaining or even understanding character. I try to create work that reveals and revels in the mystery of us." ●



Construction on 10th Street near CIIS

CIIS SILICON ALLEY INITIATIVE TAKES HOLD

in nonprofit organizations, and wellness and life coaches.

In addition to Search Inside Yourself, CIIS is starting to publicize courses that members of nearby high-tech firms can take as non-matriculated students. The courses are designed to further skills in leadership, effective communications, stress management and health, cultural competency, creativity, and life-visioning.

to design teams creating software solutions relating to mental health.”

Two recent South of Market events organized by Highground Hackathons have focused on solutions to gun violence and related public mental health issues, partly in response to the tragic shootings at Sandy Hook Elementary School in Connecticut. The first hackathon on that topic took place on June 8, 2013 at the

Increasingly CIIS has engaged with the burgeoning high-tech community in the Institute’s South of Market neighborhood. Twitter recently moved its world headquarters just up the block from CIIS on 10th Street and Market, and numerous other technology companies, including Yammer and Dolby, have opened offices nearby. The Institute is presenting workshops and classes of interest to those in the high-tech sector, as well as collaborating with local technology experts on projects to enhance mental health services to the public.

“We’re expanding our offerings to include more programming that examines the relationship between technology and transformation, to meet needs of our new neighbors in Silicon Alley,” says Karim Baer, director of CIIS Public Programs & Performances.

In June 2013, Public Programs & Performances featured a groundbreaking series of workshops called Search Inside Yourself that started at Google but has now jumped the fence to draw in participants from many walks of life. Offered in collaboration with the Search Inside Yourself Leadership Institute, the interactive workshops train people to optimize performance, obtain leadership skills, and increase well-being. The Search Inside Yourself workshops at CIIS were well attended by business leaders, corporate executives, leaders

“The Institute is presenting workshops and classes of interest to those in the high-tech sector, as well as collaborating with local technology experts on projects to enhance mental health services to the public.”

“We’re packaging these classes to fit the busy schedules of corporate employees,” says Julie Pofsky, CIIS senior development officer for community giving, who has been leading CIIS efforts to work with this budding community.

CIIS has also become an active participant in Silicon Alley hackathons to brainstorm solutions to social problems. A hackathon is a technology event that brings together programmers, developers, designers, and other relevant parties to create a dynamic, intense collaboration on projects. “Hackathons are about finding more efficient responses to needs by using technology, such as paying a parking meter with a smartphone,” Pofsky defines. “As a premiere resource for mental health services in the Bay Area, CIIS is in a unique position to offer expertise

offices of Twilio in San Francisco. CIIS contributed an expert in mental health and how it relates to crime prevention, Mark Fromm of Integral Counseling Psychology. President Joseph L. Subbiondo of CIIS served as a judge to help select the winning app, which was a form of Amber Alert system for the area where a gunman is at large.

To follow up on the first event, CIIS will co-host a second one with Highground Hackathon in fall 2013. The second hackathon will pair software design teams with experts from CIIS, including faculty members Mark Fromm and Craig Chalquist. “The aim of this hackathon is to work together to deepen the designers’ understanding of mental health so they can come up with more meaningful, tangible, and compassionate solutions to prevent violence,” Pofsky describes. ●

Two Longtime Faculty Members Retire

RINA SIRCAR

Professor Rina Sircar retired in spring 2013. She first joined the CIIS core faculty in 1974 at the invitation of CIIS President Haridas Chaudhuri. Her thirty-nine-year teaching career makes her the longest-serving faculty member since the Institute was founded in 1968. In her classes in Asian studies at CIIS, she deeply integrated academic learning and spiritual practice. Sircar was also one of the first teachers to introduce mindfulness-insight meditation to the U.S.

Sircar was born in Burma (Myanmar) to a remarkable family. Her father was a physician who developed a treatment for ringworm. Sircar's mother was a renowned spiritual practitioner and healer who was a close follower of Taungpulu Tawya Kaba-Aye Sayadaw, the head monk of the forest tradition of Theravada Buddhism. "Sircar's mother was venerated by the Jain community in India and was buried in sacred ground," describes Anne Teich (PAR MA '82, PhD '90), Sircar's student at CIIS and now academic affairs manager at CIIS.

Sircar left Burma with her family after the military takeover. They settled in India, where Sircar lived before coming to teach at California Institute of Asian Studies (the earlier name of CIIS).

"Rina's students would drive her to hospitals and homes where she would visit the sick and dying," remembers Teich, who describes Sircar as a healer. "Rina also celebrated the joys of life, feeding people, performing almost 500 marriages, and giving blessings to babies," Teich adds.

"As a professor and spiritual practitioner whose training

took place both in university and monastic settings, beginning in her native Burma, Rina Sircar influenced the lives of hundreds of students, faculty, and community members; her teaching and spiritual presence will be missed," says Academic Vice President Judie Wexler.



Rina Sircar

BRENDAN COLLINS

Professor Brendan Collins has been a member of the CIIS core faculty since 1995, teaching in both the East-West Psychology and Integral Counseling Psychology program. His association with CIIS, however, started much earlier when he began studying integral philosophy under Institute cofounder, Haridas Chaudhuri. During his eighteen years at CIIS, Collins designed more than twenty courses. He mentored students working on their dissertations and in Clinical Supervision, as well as teaching assistants and new faculty. He was an active participant in faculty governance, and worked successfully in moving faculty towards ongoing, collaborative engagement with administration. Collins also served as the faculty representative to the CIIS Board of Trustees.

Collins's colleague on the faculty, Craig Chalquist, chair of the East-West Psychology program, says, "I feel lucky to have worked with Brendan. I often learned from his friendly and accessible wisdom, and I greatly enjoyed his sense of humor. It always made sense to me that his first name recalls that of a spiritual voyager. His ongoing dedication to scholarship and contemplation transformed students and faculty alike. We miss him." ●

SOUND, VOICE, MUSIC HEALING

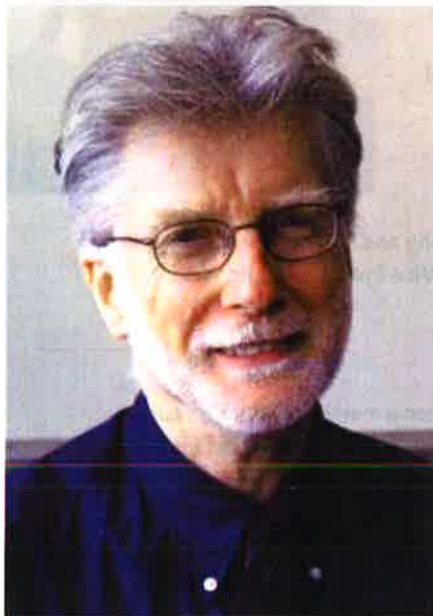
(continued from page 3)

"In addition to her plethora of talents, Silvia brings to the program many teachers who are masters in sound, voice, music, and healing fields. Shortly after signing up for the program, I questioned whether it was right for me. Her response was 'Trust the process. You will find your purpose.' These were very insightful and true words that I keep foremost in my mind today."

During its eight years, the Sound, Voice, and Music Healing Certificate program has continued to evolve. "At this point, the program has grown in the dimensions of creativity, science, and helping people to find their voice in the world, including their professional identities," Nakkach describes. "The curriculum is also increasingly involved with connecting creativity and social change. Fundamentally, this program is about going deeper into how vibration permeates all things." ●

What I Learned at CIIS

BRENDAN COLLINS



Brendan Collins

During the 1970s, I was a student at California Institute of Asian Studies (the earlier name of CIIS). I had the privilege of studying with the Institute's cofounder, President Haridas Chaudhuri and some remarkable faculty as well, including Hilary Anderson, Kim McKell, Paul Herman, and Vern Haddock. What particularly influenced my own development was Chaudhuri's presentation of the integral yoga of Sri Aurobindo and the Mother as a modern synthesis of the classical yogas of India; his view of religion as the earliest form of psychology; the significance of the divine feminine (*shakti*) as a creative force in the world; the importance of Western depth psychologies (especially Jung's), as well as existential and humanistic psychologies in developing a truly integral psychology; and an evolutionary view of human consciousness. Where else could I have learned that in the 1970s? It changed my whole view of psychology and religion.

I only returned to CIIS rather late in my career as a psychologist and teacher. I became a full-time, core faculty member in East-West Psychology (EWP) and Integral Counseling Psychology (ICP) when I was sixty, in 1998 (I began as

a part-time core faculty member in EWP in 1995 when I was in full-time private practice). But what a great way it turned out to be to pull together everything I knew as a clinician and a teacher, and share it with a new generation of students! I will always be grateful for the support and encouragement I received from my gifted faculty colleagues and from President Joseph Subbiondo and Academic Vice President Judie Wexler.

CIIS students are special not only in their openness to new ideas and their desire for personal intellectual and spiritual growth, but also in their commitment to bring what they have learned into the real world. Compassion and selfless service are characteristic qualities of many of our students, and I have learned a lot from them on both counts. I will never be too old to practice compassion and selflessness, and I will always have the example of my students to inspire me.

I found supervising ICP students in their clinical work and EWP students in their dissertation research especially rewarding—this intense, one-on-one engagement is a powerful form of “dialogical learning,” as my brilliant colleague, Jorge Ferrer, has described it. I feel I learned as much as I taught in those contexts.

I especially enjoyed mentoring my incredibly hard-working and creative teaching assistants in the art of teaching, and receiving their feedback, positive and negative, about my own performance. Whatever else it is, teaching is a performance art.

I don't like the word retirement. I prefer to think of this new stage as a “life sabbatical.” Sabbaticals are one of the Institute's greatest faculty benefits, and for me they have three critical elements: restorative, creative, and contemplative. I have just begun a new Center for Contemplative Psychology (www.contemplativepsychology.net) as part of the creative and service-oriented part of my life-sabbatical, and I am definitely enjoying the restorative aspects of fewer time constraints and external obligations. But what I am really hoping for is a more conscious contemplative life. Thank you, CIIS, for so many lessons and gifts in support of that unending goal. ●

Alumni Profile:

BLUE WILLIAMS

BA '09; MA '12, Community Mental Health



Blue Williams

Kenneth (Blue) Williams is currently the manager of DREAAM (Determined to Respect and Encourage African American Men), part of the San Francisco AIDS Foundation. "I love my job," he enthuses. "I love working with this clientele." He manages a program for African American men between the ages of eighteen and thirty who are gay, bisexual, transgender, queer, or questioning. The program provides community building, HIV testing, counseling, and linkages to services and care. "The clients might need help with employment, education, housing, substance-use issues, or mental and physical health," Williams explains. "We get you to whatever you might need." One of Williams's responsibilities is to help clients navigate the system to locate and access services.

Another activity of the DREAAM program is sponsoring house balls, parties that involve runway competitions with a type of performance called "voguing," named for *Vogue* magazine and made famous by the 1990 documentary *Paris Is Burning*. Participants "walk," meaning they display their dance moves and outfits for the judges. The choreography comes in a variety of styles, from hip hop to ballet pirouettes to personal invention. "The balls are about being part of your real self in front of the community, and getting the recognition of the house or group you belong to," Williams says. The house balls are also a fun way to

build ties and provide education on issues of HIV prevention and testing.

A graduate of the Community Mental Health program, Williams learned at CIIS how to do an informal type of counseling that sometimes happens at unlikely times and places, even while a client is standing the doorway of Williams's office. "I was speaking to a client recently who was HIV positive but was in the closet about his status," Williams recalls. "He was standing just outside my office, and I ended up giving him therapy." The client was surprised by the results. "He said, 'I actually feel better. You changed the way I feel about my relationship with my parent.'" Williams enjoys this way

"In a job like mine, you never know when you might be doing therapy."

of helping clients. "They say about me, 'Blue gets in your head and makes you think differently.'"

That kind of impromptu therapy is also an important focus of The Clinic Without Walls, a project of the Community Mental Health program directed by Eleanor Ruckman, that has grown to deliver mental health and support services directly to residents of five different public housing developments in San Francisco. In the Community Mental Health, program

faculty Steven Tierney, Fernando Castrillon (CLN '09), and Josefa Molina train students in this type of situational therapy. Castrillon has even given that version of therapy a name and an acronym: ToM—Therapy on the Margins.

ToM definitely comes into play in Williams's current position. "In a job like mine," Williams says, "you never know when you might be doing therapy with someone. It could be while you're getting a cup of coffee with a client."

One challenge Williams faces in doing therapy with the population he works with is combatting damaged self-image. "For people whose self-esteem is low, it's actually hard for them to hear praise," he describes. "They feel it's not about them, or they don't identify with the compliments. I try to tell them, 'How many people can go through what you've gone through and still be standing? You have a lot of resilience.'" If the clients continue to have difficulty believing his praise, Williams likes to add, "Hey, I'm not here to butter your pancakes." ●

CLASS NOTES



JOHN OSBORNE (PAR '89) retired from full-time teaching in 2010 and became a curriculum consultant and travel specialist, especially for Italy and France. In 2013, he was hired as production assistant on the film *Need For Speed* in Mendocino County. He is on the board of the Mendocino Film Festival and has volunteered there as a media networker, grant writer, and programmer. His new business, Mendocino Film Productions, assists film companies to make movies in the Mendocino area.



JOSIE LEVINE (CLN '94) is a psychotherapist, health and wellness coach, consultant, entrepreneur, traveler, avid gym-rat, student of Buddhism and mindfulness, artist/designer, jigsaw puzzler extraordinaire, and former carbohydrate lover, now living happily, insulin-free, with type 2 diabetes. She lives with her partner and their Bernese mountain dog, Dharma, in the Oakland hills. Her practice includes coaching doctoral candidates through the PhD. Her blog focuses on the power of mindfulness in lifestyle shifts: <http://mindfullymanagingdiabetes.com>.



RUEL WALKER (ICP '95) is responsible for educational program development at the Pachamama Alliance, a nonprofit based in San Francisco. (www.pachamama.org). His studies of indigenous cultures, rituals, and psychology have contributed to many of the Pachamama Alliance's programs. He is starting a practice in conflict mediation, combining his experience as an MFT and an appellate lawyer.



BOB BUTERA (PAR '97) completed his yoga training at The Yoga Institute in Mumbai, India, in 1989. He resides in Devon, Pennsylvania (his hometown) where he established the YogaLife Institute, a center for lifestyle education and training programs for teaching yoga and meditation. The Institute offers a yoga therapy program and publishes Yoga Living, a free magazine with a circulation of 70,000 in the Philadelphia area. In 2009, his first book, *The Pure Heart of Yoga* was published, followed by *Meditation for Your Life: A Plan to Suit Your Style*. www.YogaLifeInstitute.com

ERIC MURPHY (SCA '98) has spent the past fifteen years working as a research consultant, helping global consumer brands better understand their customers. He is currently employed at Apple as a customer loyalty researcher. His



anthropology skills translate nicely into the field of consumer research, where he uses a variety of methodologies such as ethnography, focus groups, personal interviews, and surveys to explore consumers' beliefs, values, and behaviors. His work provides him with endless opportunities to learn while allowing him to champion human values in the corporate environment.



PATRICIA LAYTON (IHS '99) has been active in the field of Ayurveda for fourteen years. She taught Ayurveda in the holistic health program at San Francisco State from 1999 to 2004, and has trained practitioners at various schools in the U.S., including her own school, Bhavana Institute for Yoga and Ayurveda in Illinois. She recently co-designed a program in Ayurvedic Esthetics for an Aveda concept school in Wisconsin and teaches in their pilot program. She also travels frequently to India for continuing studies in yoga and Ayurveda and recently participated in a fire ceremony where she took Vanaprastha (forest dweller) vows.



COLEEN LEDREW ELGIN (HOT '02) directed the film *Science and Sacraments: Psychedelic Research and Mystical Experiences*. It surveys the history of psychedelic research and the current renaissance: www.ScienceAndSacraments.com. She is a video producer/director and online learning-content producer with an emphasis on transformational learning. www.ElginProductions.com. In 2012, she completed a six-year program in Vajrayana Buddhism. She is now directing *Turning Inward*, a documentary following a new cohort in the same program. www.TurningInwardMovie.com



JOAN KOERPER (HUM '04) has published five books, including a book of poems, *Threaded Hoops*. Her other titles are: *Tracy Tackles Responsibility*; *The Adventures of Sage*, *The Super Service Dog*; *Witches, Warlocks & Whatnots*; *Ambushed*, *Awed & Absolutely Awesome!* and *Dumped, Dazed & Dazzled*.

LATONIA M. DIXON (WSE '05) was recently sworn in as the first African American woman commander of the American Legion. She has designed masks, written and



performed poetry, told stories, sung, and exhibited paintings at the War Memorial Veterans Building, the Mission Cultural Center, and Napa Valley College. Her poem "Isis" was published in the anthology, *She Is Everywhere*, and last year won first place for fine arts in the Regional Veterans Creative Art Fair. Recently she served

as an art director, coordinating art exhibits and performances by military veterans in the Bay Area. She also teaches women's health and comparative religion at Napa Valley College.



ISAURO ESCAMILLA (BIS '05) was invited in summer 2013 to be on a panel for the closing plenary at the NAEYC 2013 National Institute for Early Childhood Professional Development in San Francisco. "It was a great professional experience and now a cherished memory," he says. To read the poem he presented, visit <http://www.naeyc.org/blogs/sfriedmannaeycorg/2013/06/i-dream-day>.



MILES NEALE (CLN '06) is a Buddhist psychotherapist in private practice, and assistant director of the Nalanda Institute for Contemplative Science in New York City. He has taught and conducted research on meditation at the integrative medicine programs of Harvard, Columbia, Cornell, and Albert

Einstein. He began his contemplative journey in India in 1996 and has studied in the lineage of the Dalai Lamas and with U.S. Buddhist scholars, including Robert Thurman. www.milesneale.com and www.nalandascience.org



LISA BIALY WINSTON (CLN '06) completed a postdoctoral fellowship in health psychology in the Department of Psychiatry at California Pacific Medical Center, where she worked with an integrative medical team. Concurrently, she began an integrative private practice to treat patients with health-related

issues. She is the former program chair of the Northern California Society of Psychoanalytic Psychology but left her post in 2011 to have two children and achieve more balance between professional and personal goals. She is an active member of a long-term case consultation group in relational psychoanalysis. The focus of her current clinical work and research is on postfeminist models of sex, work, marriage, and coparenting.



JOE OLIVO (SOM '07) trained at the Center for Somatic Psychotherapy and San Francisco Unified and gained experience working with adults and children in elementary schools. He became licensed in 2010 as an MFT and

has opened a private practice in Hayes Valley. In addition to being an avid gardener and international traveler, he enjoys working with his husband on their dream home in Sonoma.



JONAH SAIFER (EWP '08) has taught English in middle and high schools in South Korea. For the past two years, has been a faculty member at Daegu University in southeast Korea where he teaches Western philosophy and world religion. He has backpacked through all of the major

mountains in South Korea and has traveled extensively through Southeast Asia.



PETER BROWN (EXA '08, PSYD '12) is busy with a new position with the Department of Corrections and Rehabilitation as a clinical psychologist working in a maximum-security prison. He served as a fellow with the Center for Writing and Scholarship and with the

Department of Public Health in the Mission. He continues to involve himself in Freudian psychoanalysis, especially with the Lacanian School of Psychoanalysis, where he is a candidate analyst and is beginning his private practice. He and his wife, Ki Ki, train Schutzhunds, including their Ranger the Doberman, and enjoy walks on the beach.



BECKY WALSH (BIS '09) was well known in London as a professional psychic, radio-show host, and published author before starting the BA Completion program at CIIS. After graduation, she released a second book and will soon release her third. She is also building a retreat center

and an online school that engages multiple ways of learning, both inspired by her time at CIIS. www.beckywalsh.com



HUNG NGUYEN (BIS '09) is a graduate of Columbia University's masters in education program, with a focus on adult learning and leadership. He plans to continue at Columbia in a doctoral program and is grateful for the many educational opportunities he has had and the new

paths they have opened for him.



MARY A. PUTNAM has participated in two CIIS travel programs in Asia and is a licensed psychologist residing in Vermont. She is now a second vice president with National Life Group, an insurance company where she is responsible for organizational development (continued on next page)



Above: Xi'an tomb of terra cotta warriors

Below: Great Wall of China

CIIS TRAVEL PREVIEW

The Splendors of China

October 5–19, 2014

Join Steve Given, professor at the American College of Traditional Chinese Medicine, and Richard Buggs, dean of alumni and travel at CIIS, on this special adventure. Highlights include Beijing's Forbidden City and Temple of Heaven, the Great Wall, the terra cotta warriors of Xi'an, a giant panda breeding center and a behind-the-scenes visit to a traditional Chinese medicine hospital in Chengdu, and Shanghai's Bund quarter and jade Buddha.

For more information visit: www.ciis.edu/alumni/travel or contact Richard Buggs at rbuggs@ciis.edu or 415.575.6116. ●

CLASS NOTES

(continued from previous page)

and education. She works side-by-side with leaders and employees to help create a transforming innovative culture in the company.



ANA SANTAOLALLA (ICP '11) has had the privilege of learning from and working with some of the most susceptible populations in Los Angeles, including a domestic violence transitional housing program where she provided individual and family therapy. She currently works as a

clinician at Children's Bureau, where she provides treatment and assessment to at-risk youth. She is certified to teach a female empowerment and wellness class called BUTI® that brings together yoga, plyometrics, and tribal dance. Earlier this year, she cofounded Enlightened Body™, an integrative women's workshop that fuses yoga, mindfulness, and contemplative exercises. She recently entered private practice in L.A. therapywithana.com



PAULINE E. REIF (MFA '11) e-published her first children's book, *Papa Duck*, a true story of kindness in unexpected places. Poet, playwright, and painter, her poetry has been published in a number of small press literary journals. She has helped with marketing and writing

for the CIIS website and print publications. She currently works in the CIIS Admissions Office as a counselor for the MFA and ICP programs. www.papaduckstory.com

—Richard Buggs



MICHAEL BABEL (PCC '09) is working with a team of fellow cosmic creatives on an iPhone app called Walk Through Time, which takes you on a walking journey through the cosmos, available in fall 2013. He's in the midst of a life-coaching program at New Ventures West San Francisco, and has a practice as a holistic healer. He also works with a group called Playward, which focuses on the importance of play in healing and well-being. www.playward.com



JESSE BLISS (BIS '10) is a businesswoman who runs her own theater company, The Roots and Wings Project. Most recently she held a large-scale theater event to support her site-specific play, *Tree of Fire*, and to raise awareness about mass incarceration. www.therootsandwingsproject.com



HILLARY KEENEY (TSD '11) has published a third book, *Creative Therapeutic Technique: Skills for the Art of Bringing Forth Change*, written to inspire and enliven clinical practice and to encourage therapists to leap over the bonds of the rational and enter the realm of the theatrical and metaphorical. The book lays out guidelines for therapists to tap into their imaginations and develop their creativity.

Vehicle Donation Program Begins

Did you know that your donation of a no-longer-needed car, boat, RV, truck, or motorcycle can help raise money for CIIS? Donating your vehicle benefits the university, while ensuring you receive the maximum legal tax deduction and possibly a partial cash payment. It's easy through Action Donation Services!



Here's how it works:

- 1) Call their toll free number 866.244.8464, or visit www.actiondonation.org to fill out their online form.
- 2) Qualified donations are scheduled for free pick-up at the donor's convenience.
- 3) If needed, your property will be refurbished or repaired—this almost always increases the sale price.
- 4) The property is placed for sale on the retail market for maximum value.
- 5) As soon as the property is sold, you receive a tax receipt for the entire donation amount, and CIIS receives 50% of the net proceeds.

This year, Carl Marsak (CAS '03) became the first alum to participate in the vehicle donation: "Recently, and as an alum of the CIIS anthropology program, I had the chance to make a gift to CIIS in a rather unusual way—the donation of my 1978 Mercedes 450 SL (my wife Kathy lovingly referred to her as my 'midlife mistress'). The process went easily and smoothly, and the car eventually sold for about what I paid for it a few years ago. They even came to my house in Oregon and picked it up at my convenience. Now I get both to take a tax write-off and to feel good about where the money went—to my beloved alma mater. I would highly recommend this program to anyone who wants a quick and easy way of disposing of a vehicle that they are no longer using or enjoying." ●

REUNION:

Portland, Oregon

MARCH 15, 2013

Jake Pollack (IHL '06) was guest speaker at a gathering of Portland area alums held at the historic White Stag Building. Pollack presented an integral approach to sustainability, and a lively discussion followed. ●



Jennifer Watson (CLN '06), Jake Pollack (IHL '06), and Niyati Desai (IHL '06)

JOY DEGRUY

(continued from page 7)

"Don't get in a room with me and pretend you don't have scars, too." She stresses that a health professional should recognize from the outset that the client has tools and sensibilities that the practitioner can also learn from.

"When I work with a client," she adds, "I acknowledge that I don't have all the answers. I have some abilities that can help the client, and I mention those. But I don't start with the perspective that the client is broken, and I'm here to fix everything. With Black people, if you don't develop a relationship first, it's not going anywhere." ●



**California Institute
of Integral Studies**

1453 Mission Street
San Francisco CA 94103

ADDRESS SERVICE REQUESTED

NONPROFIT
ORGANIZATION
U.S. POSTAGE
PAID
SAN FRANCISCO, CA
PERMIT NO. 15214

CIIS *today*
Fall 2013



**California Institute
of Integral Studies**

Public Programs & Performances

Specializing in

thought-provoking experiences

**ARE YOU PREPARED FOR
ALL KINDS OF CLIENTS?**

Mindful **THERAPISTS**
MAKE *Better* THERAPISTS

***Certificate in
Mindfulness and
Compassion in
Psychotherapy***

February–
December 2014

INSTRUCTORS INCLUDE:

Sylvia Boorstein,
Robert Rosenbaum,
Shauna Shapiro,
Ron Siegel, and more

LEARN MORE AT

**[www.ciis.edu/
mindfulness](http://www.ciis.edu/mindfulness)**

OR CALL

415.575.6175